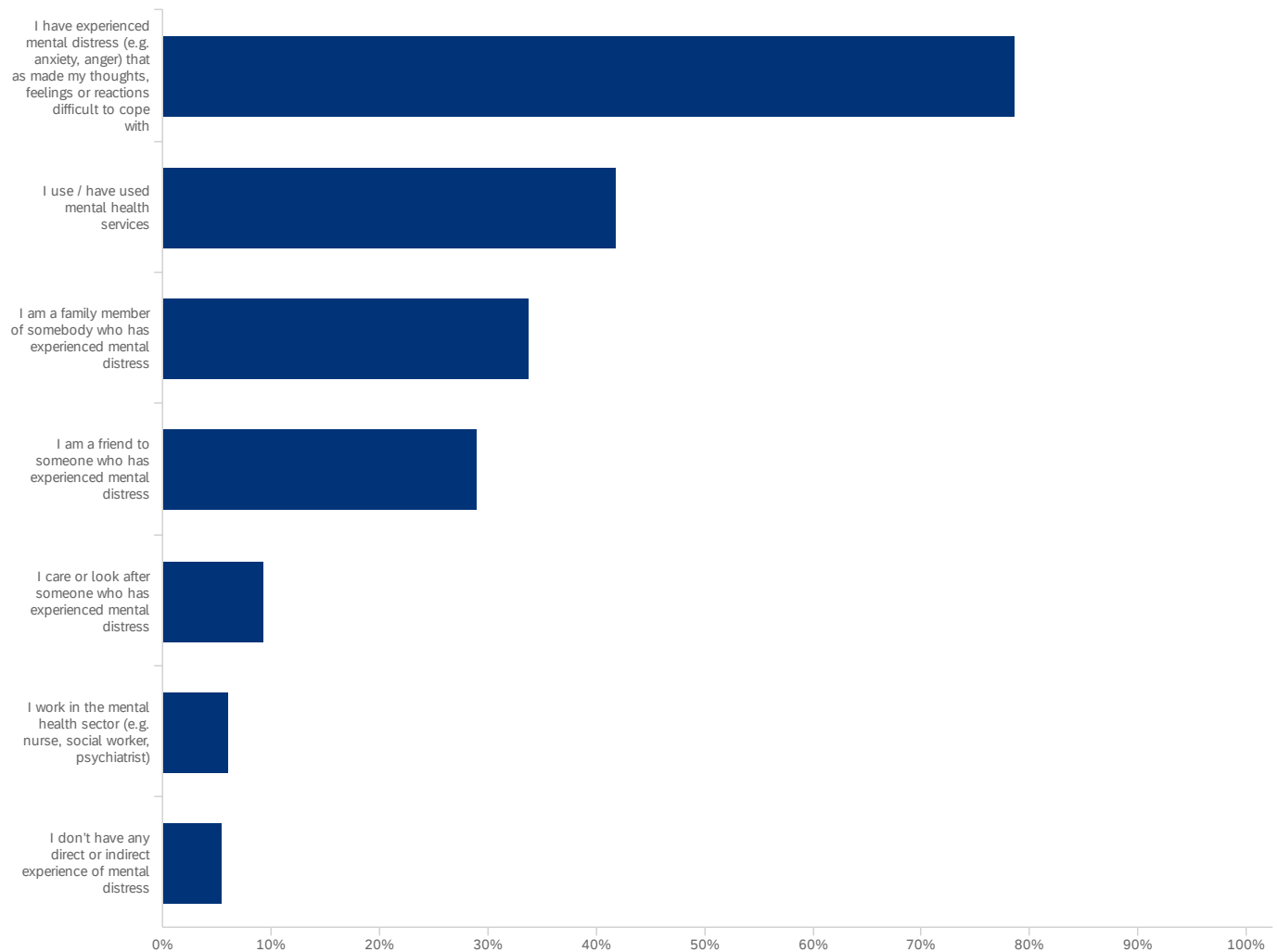


Appendix: adult survey

Adult Coronavirus 'one year on' survey

25 June 2021 09:46 BST

Which of the following best represents your experience of managing your thoughts and feelings? Please select all that apply

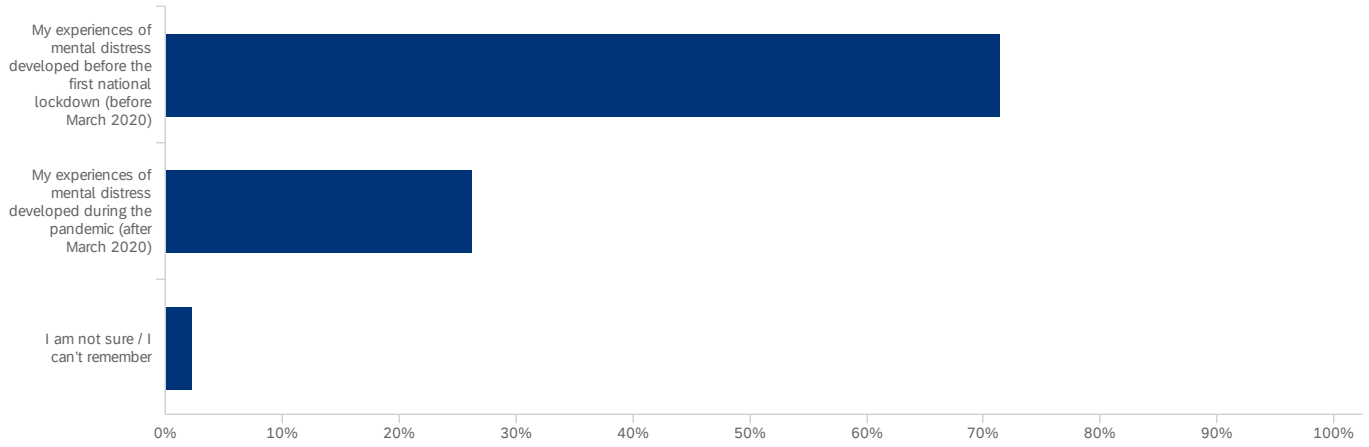


#	Field	Percentage
1	I have experienced mental distress (e.g. anxiety, anger) that has made my thoughts, feelings or reactions difficult to cope with	39%
2	I use / have used mental health services	20%
3	I am a family member of somebody who has experienced mental distress	17%
4	I am a friend to someone who has experienced mental distress	14%
5	I care or look after someone who has experienced mental distress	5%

#	Field	Percentage
6	I work in the mental health sector (e.g. nurse, social worker, psychiatrist)	3%
7	I don't have any direct or indirect experience of mental distress	3%
		24700

Showing rows 1 - 8 of 8

When did you first experience mental distress that made your thoughts, feelings or reactions difficult to cope with?

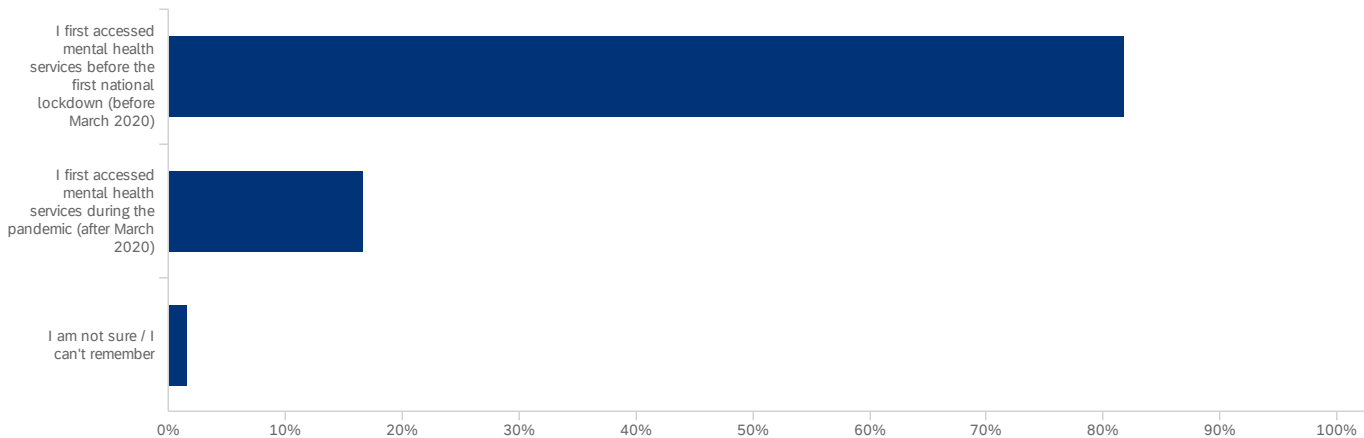


#	Field	Percentage
1	My experiences of mental distress developed before the first national lockdown (before March 2020)	71%
2	My experiences of mental distress developed during the pandemic (after March 2020)	26%
5	I am not sure / I can't remember	2%

9185

Showing rows 1 - 4 of 4

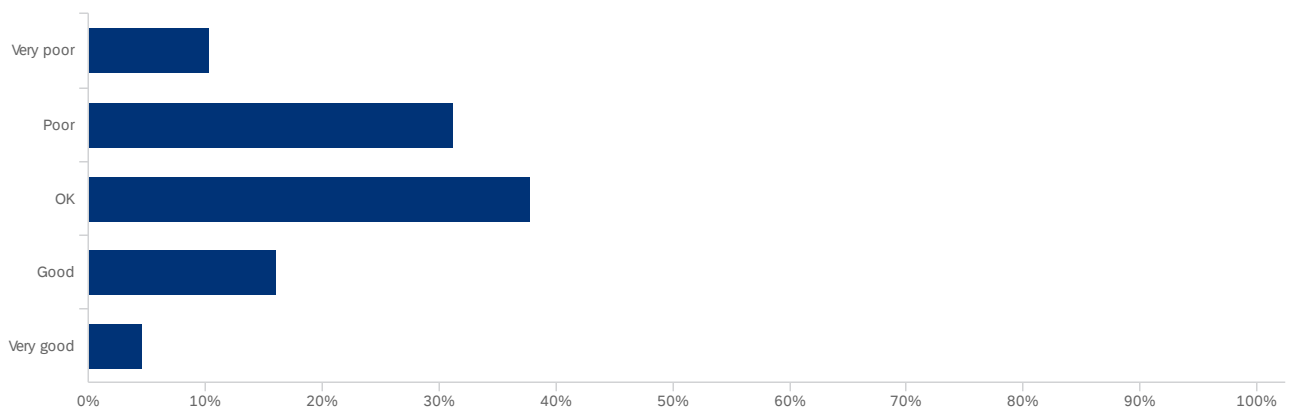
When did you first access mental health services?



#	Field	Percentage
1	I first accessed mental health services before the first national lockdown (before March 2020)	82%
2	I first accessed mental health services during the pandemic (after March 2020)	17%
6	I am not sure / I can't remember	2%
		4918

Showing rows 1 - 4 of 4

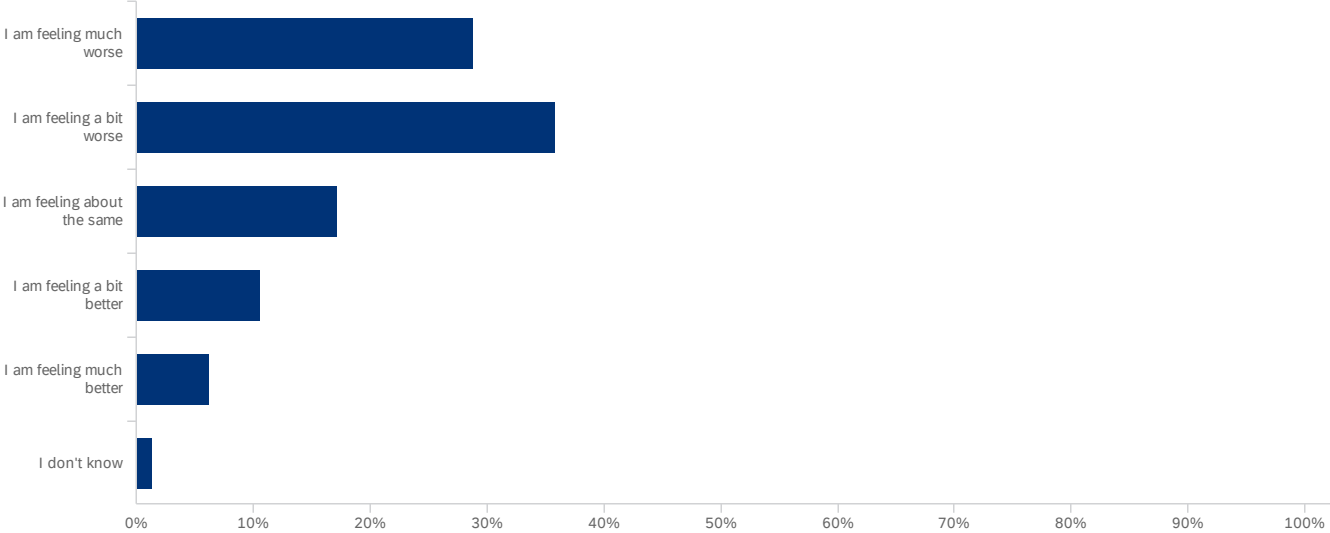
Good mental health means being generally able to think, feel and react in the ways that you need and want to live your life. But if you go through a period of poor mental health you might find the ways you're frequently thinking, feeling or reacting become difficult, or even impossible, to cope with. How would you describe your mental health and wellbeing at the moment?



#	Field	Percentage
1	Very poor	10%
2	Poor	31%
3	OK	38%
4	Good	16%
5	Very good	5%
		11819

Showing rows 1 - 6 of 6

Overall, how has your mental health and wellbeing changed since the first national lockdown in March 2020?

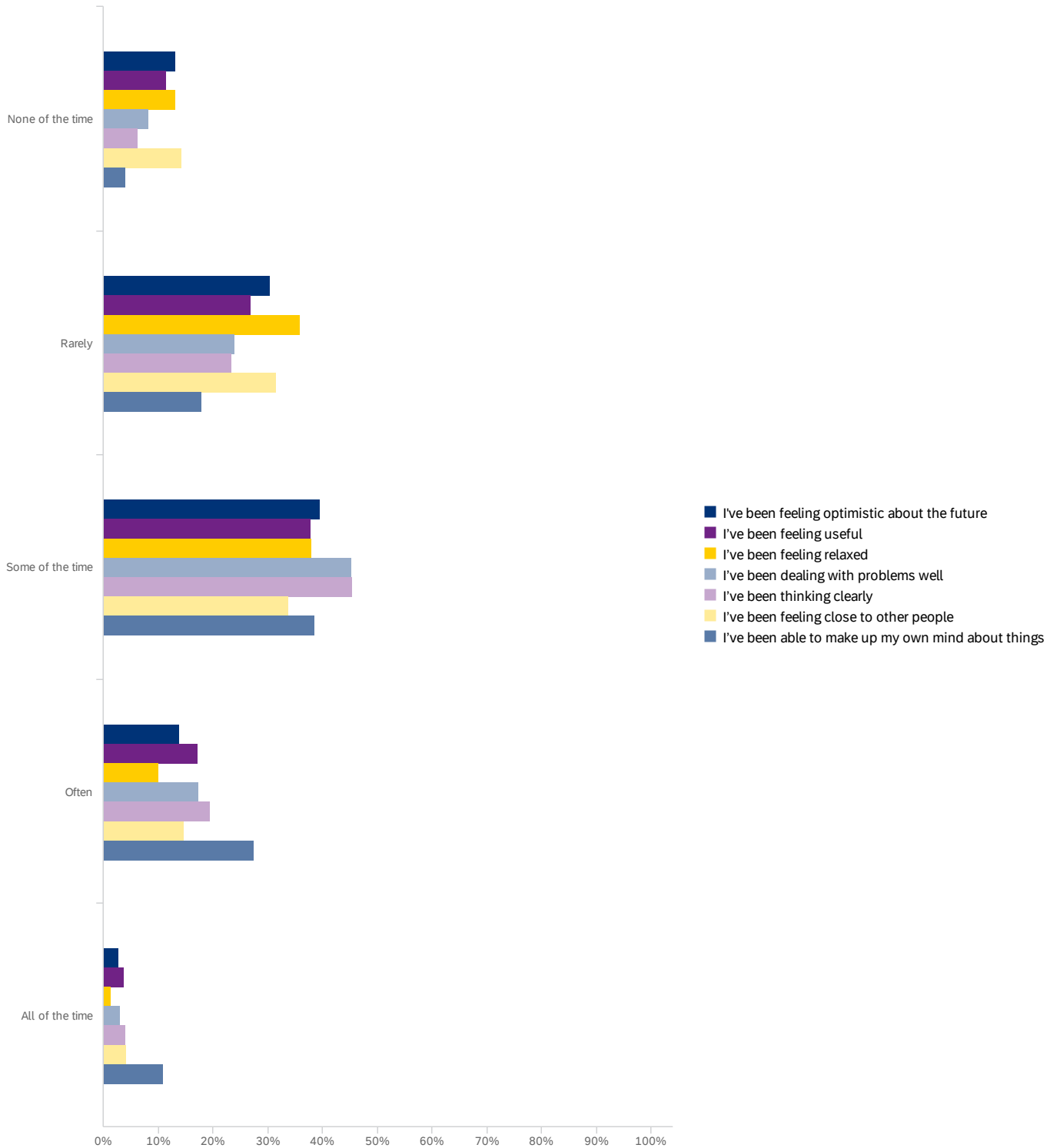


#	Field	Percentage
1	I am feeling much worse	29%
2	I am feeling a bit worse	36%
3	I am feeling about the same	17%
4	I am feeling a bit better	11%
5	I am feeling much better	6%
6	I don't know	1%

11816

Showing rows 1 - 7 of 7

Below are some statements about your feelings and thoughts. Please select the option that best describes your experience of each over the last two weeks.

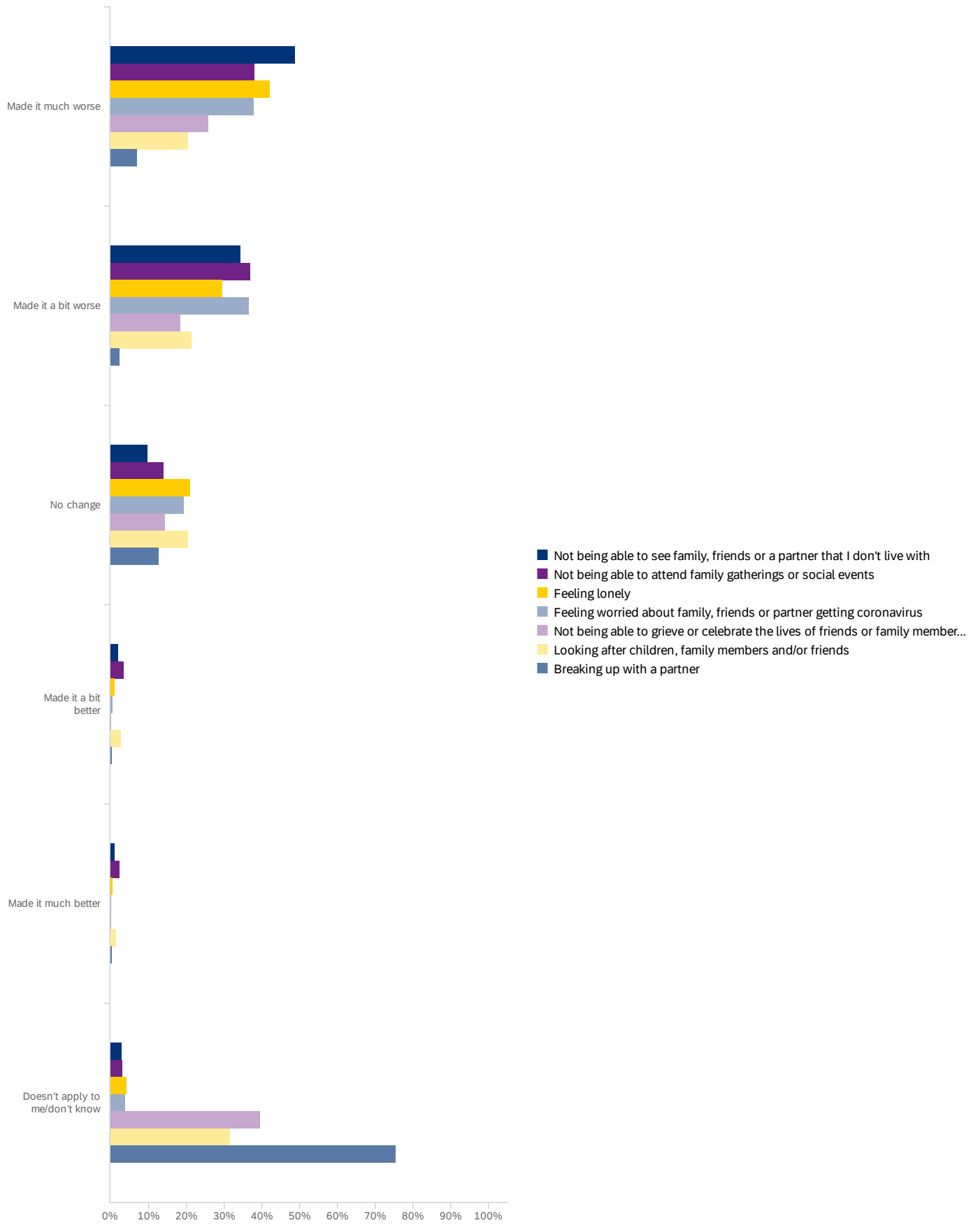


Field None of the time Rarely Some of the time Often All of the time Total

#	Field	None of the time	Rarely	Some of the time	Often	All of the time	Total
1	I've been feeling optimistic about the future	13%	31%	40%	14%	3%	11017
2	I've been feeling useful	12%	28%	39%	18%	4%	10741
3	I've been feeling relaxed	13%	36%	39%	10%	1%	10879
4	I've been dealing with problems well	8%	25%	46%	18%	3%	10832
5	I've been thinking clearly	6%	24%	46%	20%	4%	10889
6	I've been feeling close to other people	14%	32%	34%	15%	4%	10876
7	I've been able to make up my own mind about things	4%	18%	39%	28%	11%	10928

Showing rows 1 - 7 of 7

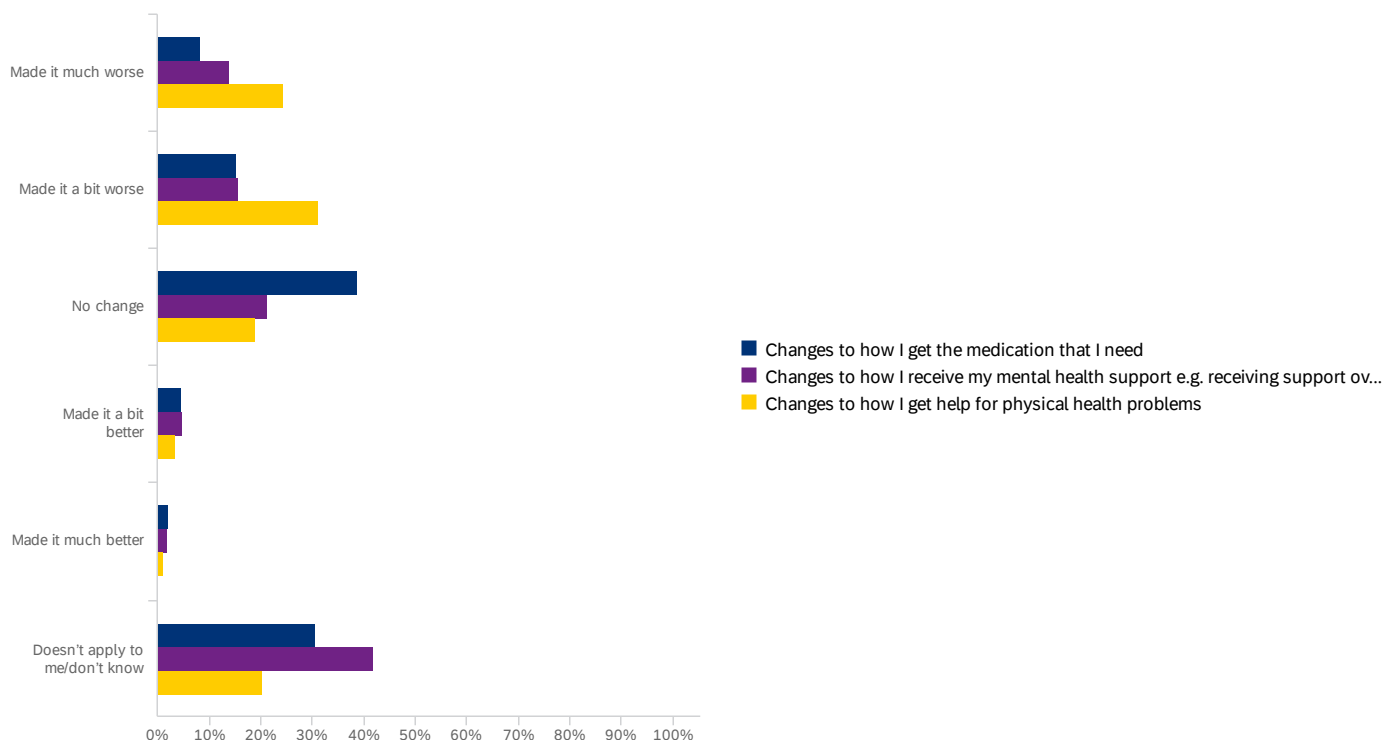
Thinking about your friends and family, have any of the following affected your mental health and wellbeing since the first national lockdown in March 2020?



#	Field	Made it much worse	Made it a bit worse	No change	Made it a bit better	Made it much better	Doesn't apply to me/don't know	Total
1	Not being able to see family, friends or a partner that I don't live with	49%	35%	10%	2%	1%	3%	10030
2	Not being able to attend family gatherings or social events	39%	38%	14%	4%	3%	3%	9899
3	Feeling lonely	43%	30%	21%	1%	1%	4%	9965
4	Feeling worried about family, friends or partner getting coronavirus	38%	37%	20%	1%	0%	4%	9947
5	Not being able to grieve or celebrate the lives of friends or family members that have died during the pandemic	26%	19%	15%	0%	0%	40%	9968
6	Looking after children, family members and/or friends	21%	22%	21%	3%	2%	32%	9938
7	Breaking up with a partner	7%	2%	13%	1%	0%	76%	9932

Showing rows 1 - 7 of 7

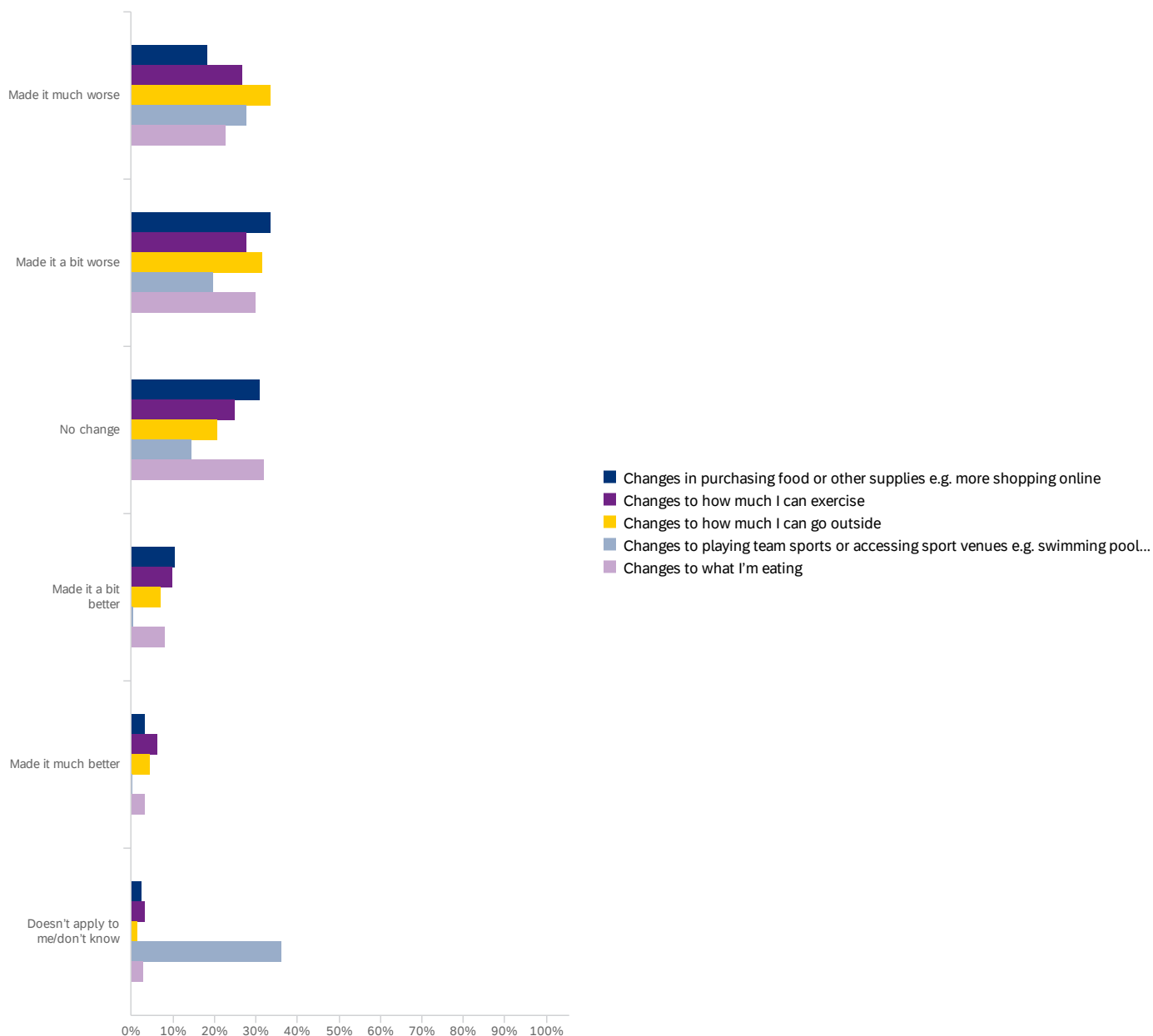
Thinking about your health and access to healthcare services, have any of the following things had a positive or negative impact on your mental health and wellbeing since the first national lockdown in March 2020?



#	Field	Made it much worse	Made it a bit worse	No change	Made it a bit better	Made it much better	Doesn't apply to me/don't know	Total
1	Changes to how I get the medication that I need	8%	15%	39%	5%	2%	31%	10015
2	Changes to how I receive my mental health support e.g. receiving support over the phone/online	14%	16%	21%	5%	2%	42%	9957
3	Changes to how I get help for physical health problems	24%	31%	19%	4%	1%	21%	9964

Showing rows 1 - 3 of 3

Thinking about your day-to-day activities and leisure time, have any of the following things had a positive or negative impact on your mental health and wellbeing since the first national lockdown in March 2020?

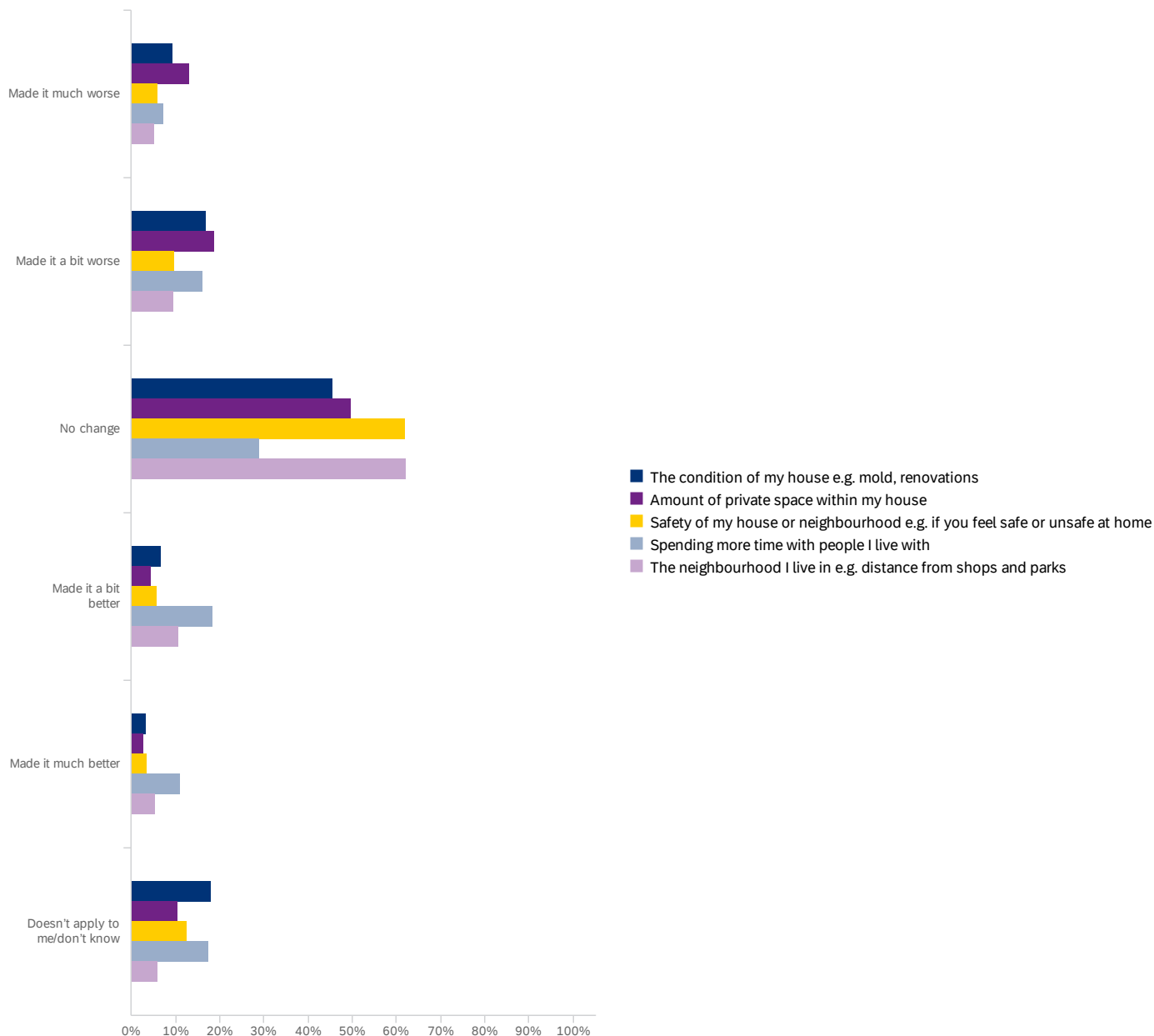


#	Field	Made it much worse	Made it a bit worse	No change	Made it a bit better	Made it much better	Doesn't apply to me/don't know	Total
1	Changes in purchasing food or other supplies e.g. more shopping online	19%	34%	31%	11%	3%	3%	10016

#	Field	Made it much worse	Made it a bit worse	No change	Made it a bit better	Made it much better	Doesn't apply to me/don't know	Total
2	Changes to how much I can exercise	27%	28%	25%	10%	6%	3%	9952
3	Changes to how much I can go outside	34%	32%	21%	7%	5%	2%	9982
4	Changes to playing team sports or accessing sport venues e.g. swimming pools or the gym	28%	20%	15%	0%	0%	37%	9950
5	Changes to what I'm eating	23%	30%	32%	8%	3%	3%	9959

Showing rows 1 - 5 of 5

Thinking about your housing situation and neighbourhood, have any of the following things had a positive or negative impact on your mental health and wellbeing since the first national lockdown in March 2020?

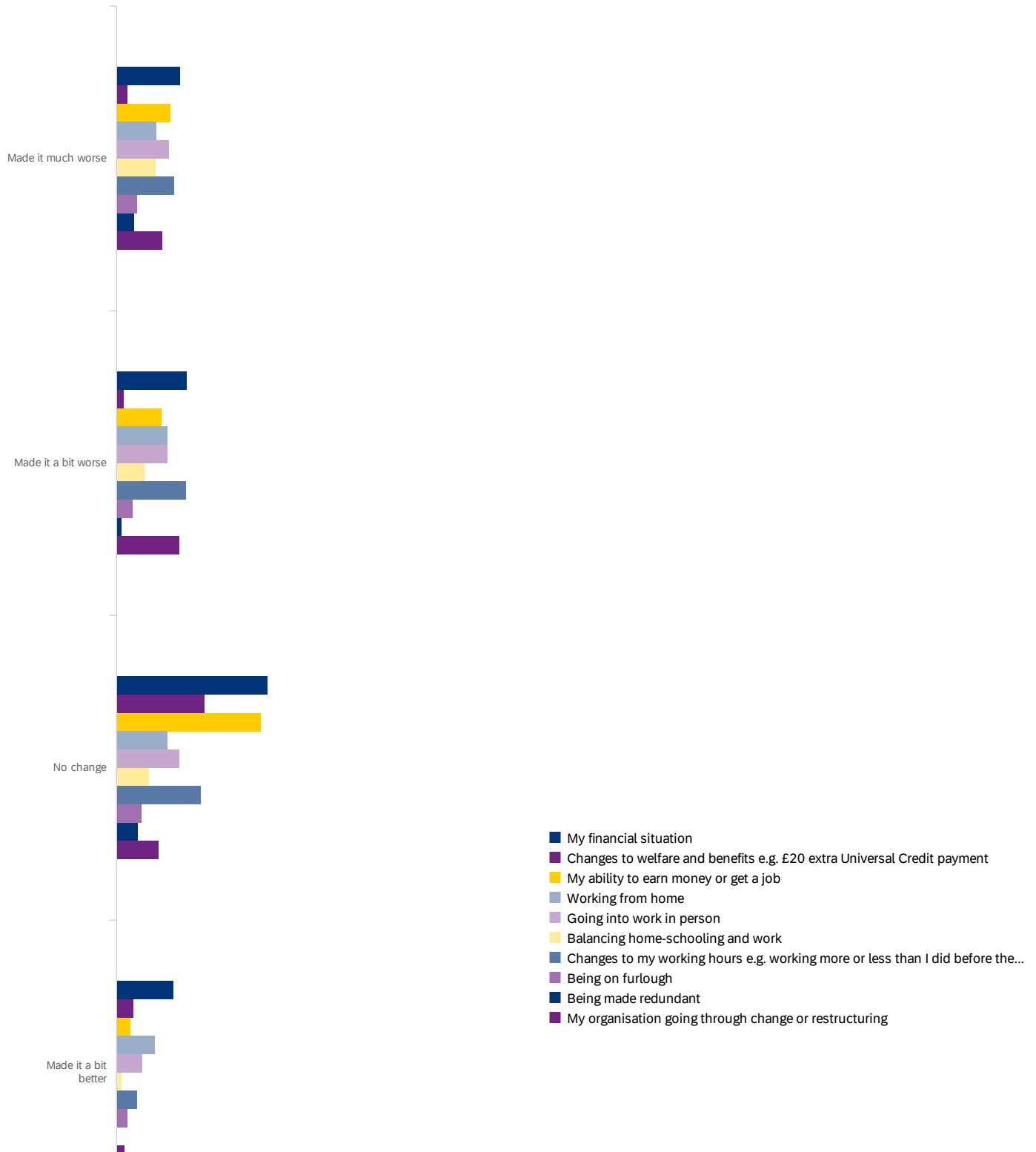


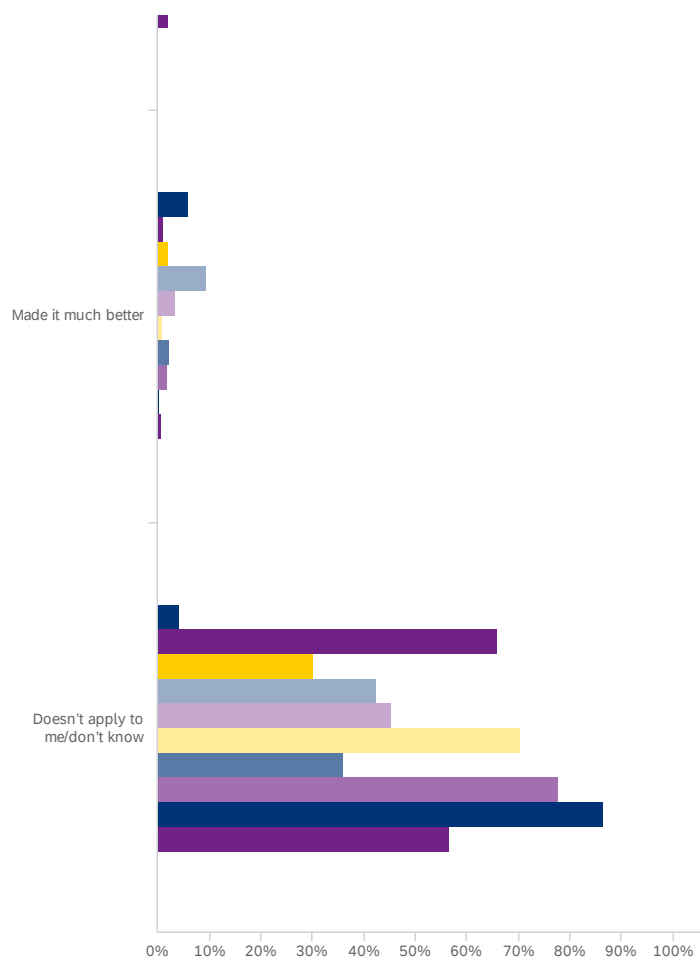
#	Field	Made it much worse	Made it a bit worse	No change	Made it a bit better	Made it much better	Doesn't apply to me/don't know	Total
1	The condition of my house e.g. mold, renovations	9%	17%	46%	7%	3%	18%	10007

#	Field	Made it much worse	Made it a bit worse	No change	Made it a bit better	Made it much better	Doesn't apply to me/don't know	Total
2	Amount of private space within my house	13%	19%	50%	4%	3%	11%	9982
3	Safety of my house or neighbourhood e.g. if you feel safe or unsafe at home	6%	10%	62%	6%	4%	13%	9991
4	Spending more time with people I live with	7%	16%	29%	19%	11%	18%	9974
5	The neighbourhood I live in e.g. distance from shops and parks	5%	10%	63%	11%	6%	6%	9967

Showing rows 1 - 5 of 5

Thinking about your work and financial situation, have any of the following things had a positive or negative impact on your mental health and wellbeing since the first national lockdown in March 2020?



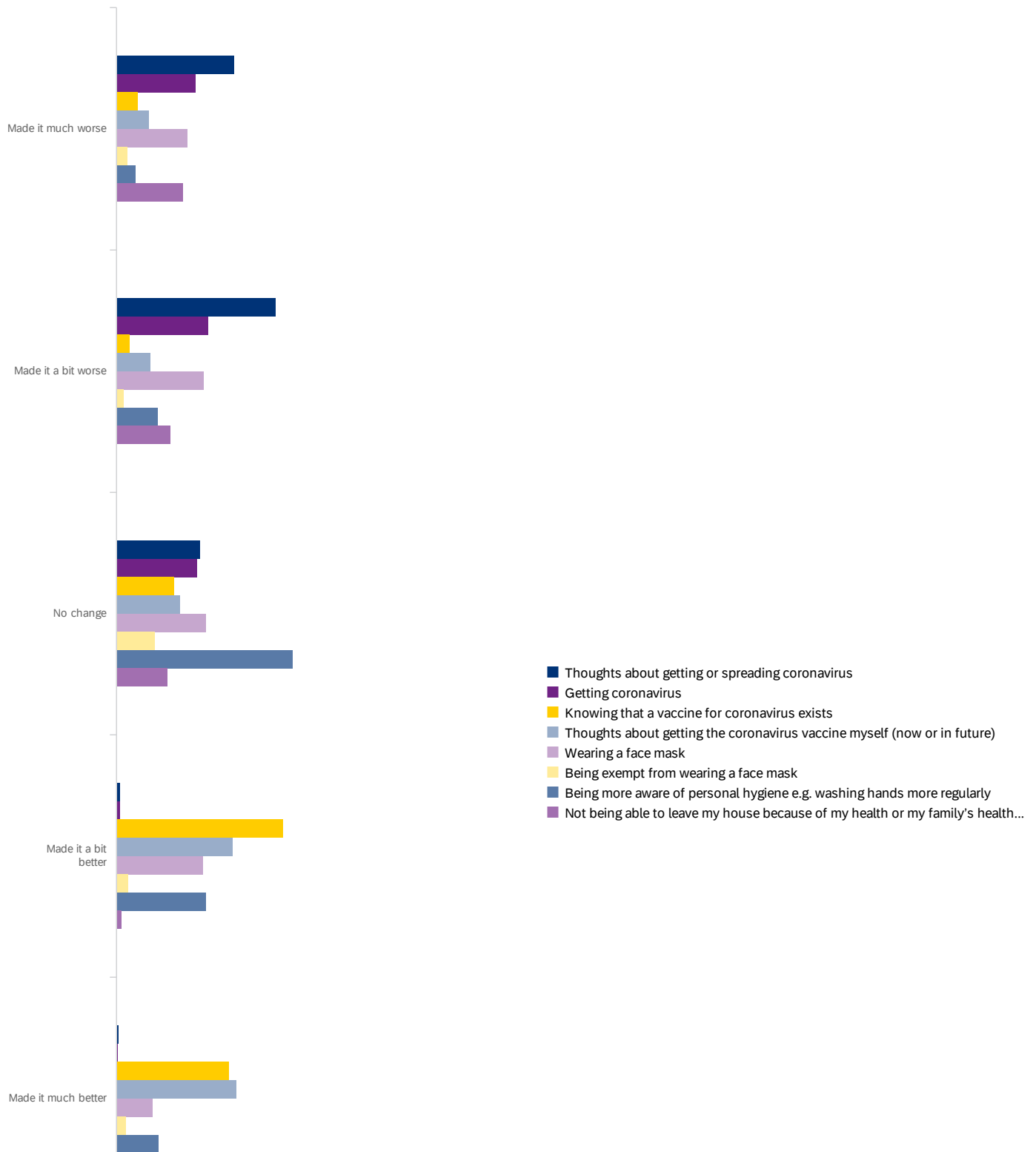


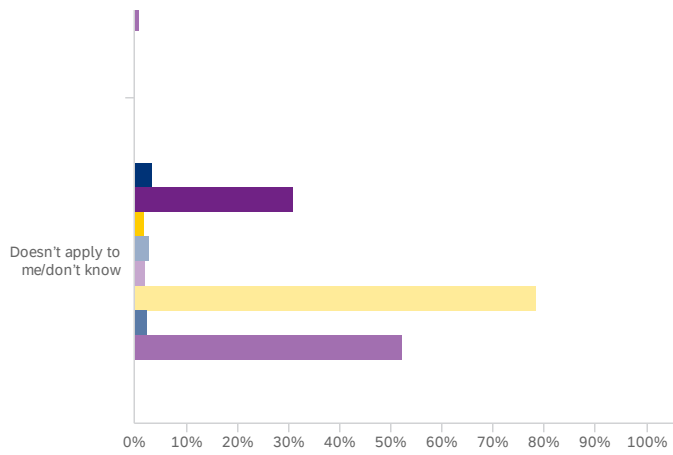
#	Field	Made it much worse	Made it a bit worse	No change	Made it a bit better	Made it much better	Doesn't apply to me/don't know	Total
1	My financial situation	17%	19%	40%	15%	6%	4%	10000
2	Changes to welfare and benefits e.g. £20 extra Universal Credit payment	3%	2%	23%	4%	1%	67%	9950
3	My ability to earn money or get a job	14%	12%	38%	4%	2%	30%	9972
4	Working from home	11%	13%	14%	10%	9%	43%	9925
5	Going into work in person	14%	13%	17%	7%	3%	46%	9913
6	Balancing home-schooling and work	10%	7%	9%	1%	1%	71%	9902
7	Changes to my working hours e.g. working more or less than I did before the pandemic	15%	18%	22%	5%	2%	37%	9928
8	Being on furlough	5%	4%	7%	3%	2%	79%	9900
9	Being made redundant	5%	1%	6%	0%	0%	88%	9890

#	Field	Made it much worse	Made it a bit worse	No change	Made it a bit better	Made it much better	Doesn't apply to me/don't know	Total
10	My organisation going through change or restructuring	12%	17%	11%	2%	1%	57%	9913

Showing rows 1 - 10 of 10

Thinking about coronavirus and your safety, have any of the following things had a positive or negative impact on your mental health and wellbeing since the first national lockdown in March 2020?





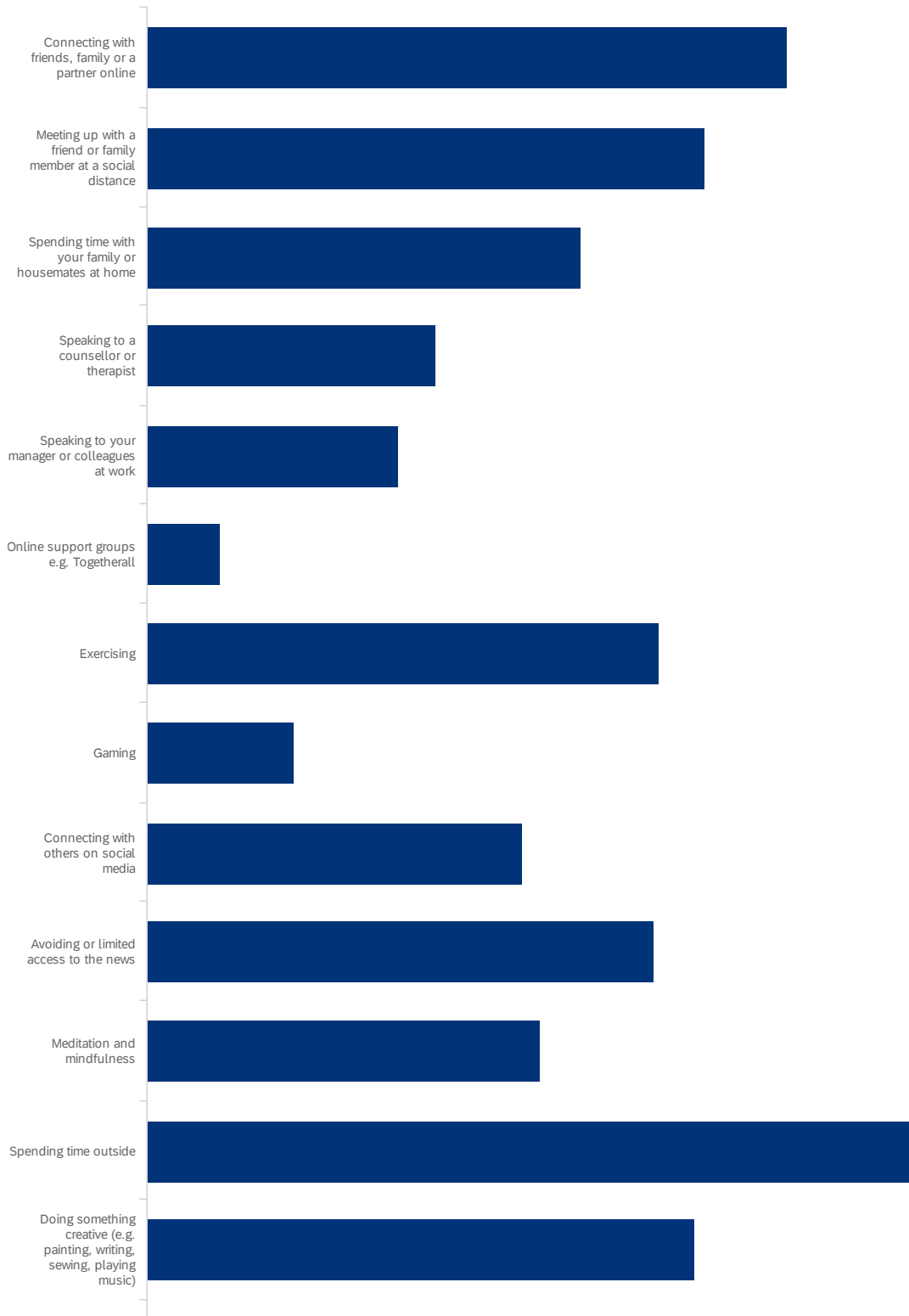
#	Field	Made it much worse	Made it a bit worse	No change	Made it a bit better	Made it much better	Doesn't apply to me/don't know	Total
1	Thoughts about getting or spreading coronavirus	31%	42%	22%	1%	0%	3%	10026
2	Getting coronavirus	21%	25%	22%	1%	0%	31%	9896
3	Knowing that a vaccine for coronavirus exists	6%	3%	15%	44%	30%	2%	10002
4	Thoughts about getting the coronavirus vaccine myself (now or in future)	9%	9%	17%	31%	32%	3%	9973
5	Wearing a face mask	19%	23%	24%	23%	9%	2%	9988
6	Being exempt from wearing a face mask	3%	2%	10%	3%	3%	80%	9911
7	Being more aware of personal hygiene e.g. washing hands more regularly	5%	11%	47%	24%	11%	3%	9994
8	Not being able to leave my house because of my health or my family's health (shielding)	18%	14%	13%	1%	1%	53%	9975

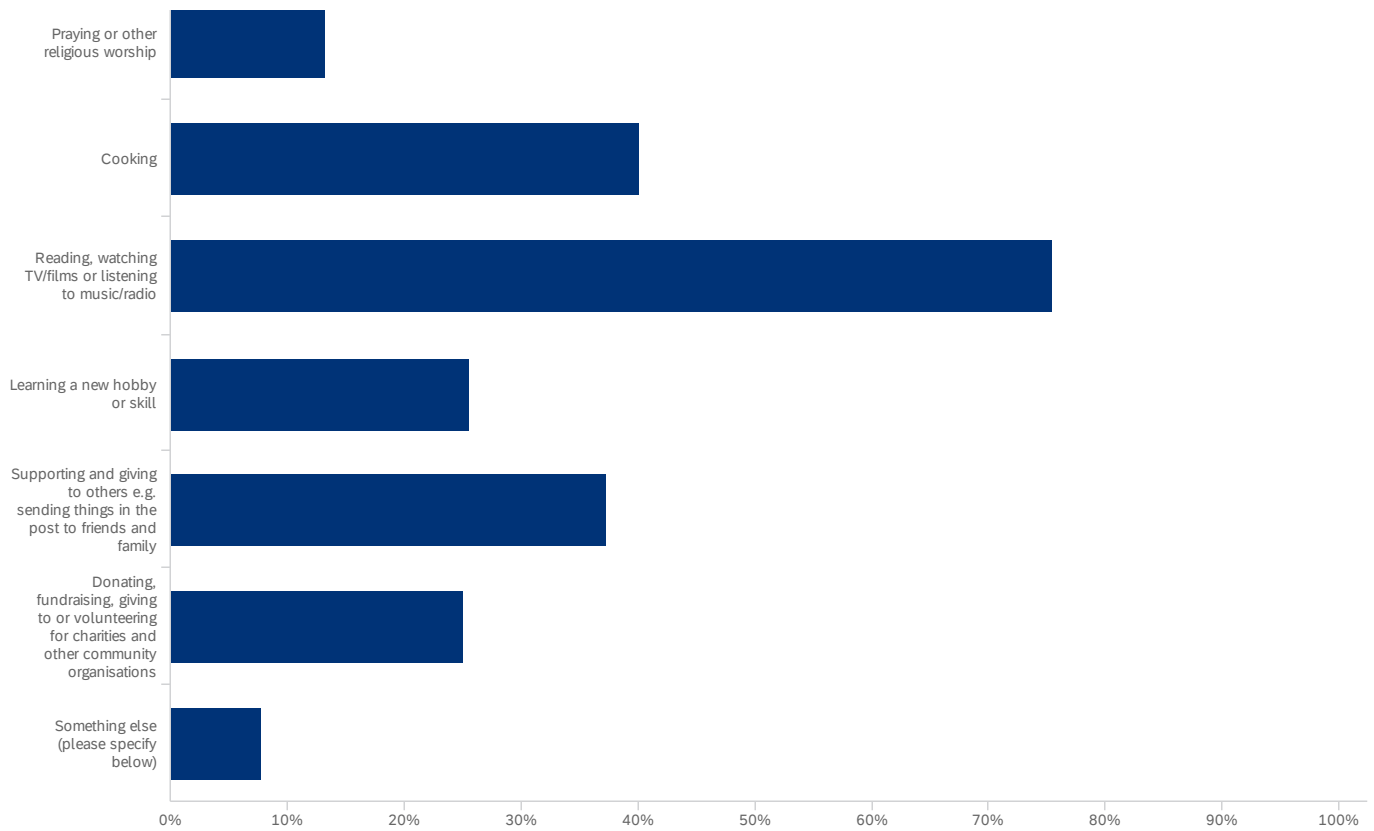
Showing rows 1 - 8 of 8

Please select which of the below you've spent time doing to cope with any pressures

you've faced since the first national lockdown in March 2020. Please select all that apply.

Activities that can be helpful for our health and wellbeing:



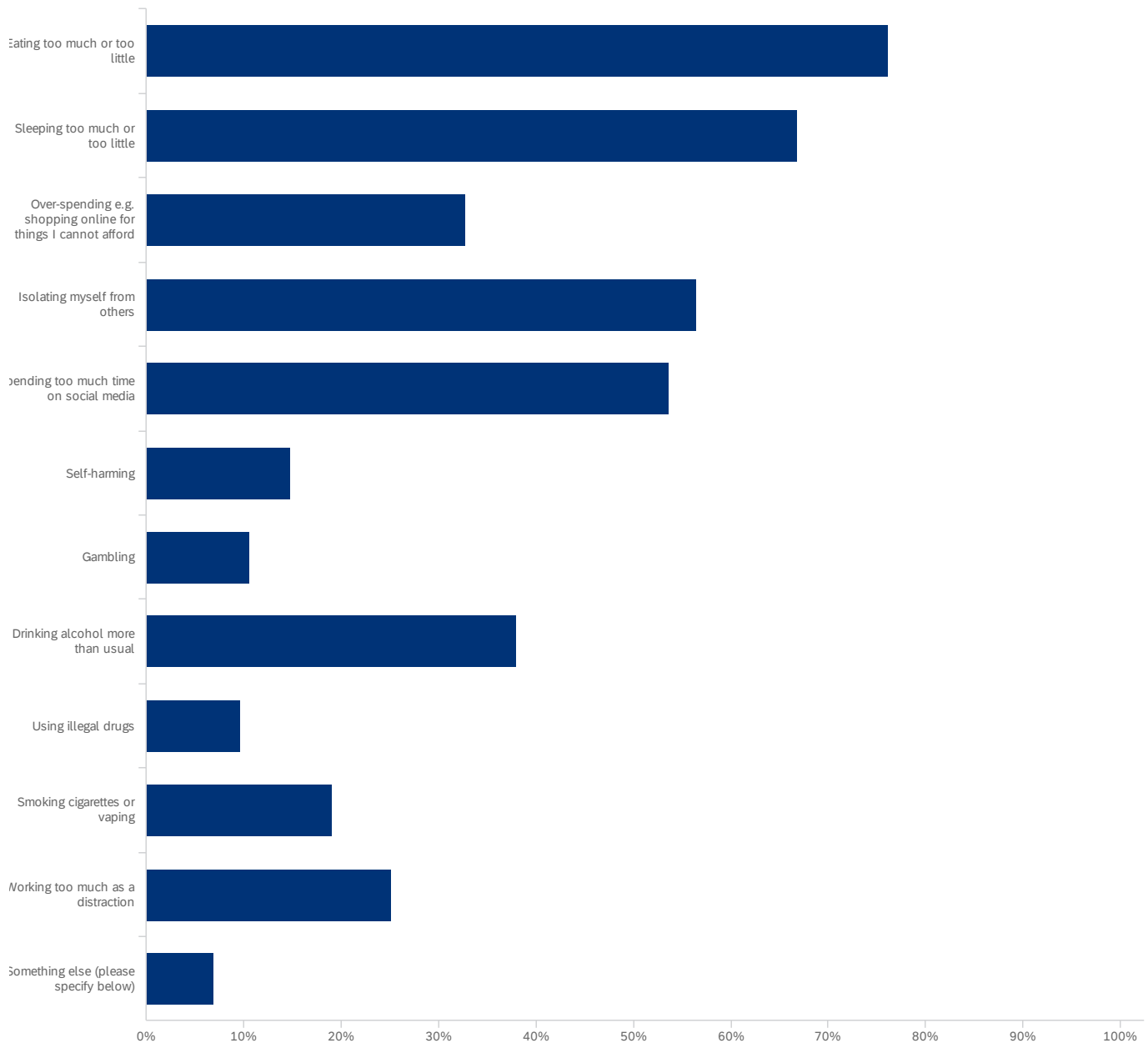


#	Field	Percentage
1	Connecting with friends, family or a partner online	8%
2	Meeting up with a friend or family member at a social distance	7%
3	Spending time with your family or housemates at home	6%
4	Speaking to a counsellor or therapist	4%
5	Speaking to your manager or colleagues at work	3%
6	Online support groups e.g. Togetherall	1%
7	Exercising	7%
8	Gaming	2%
9	Connecting with others on social media	5%
10	Avoiding or limited access to the news	7%
11	Meditation and mindfulness	5%
12	Spending time outside	10%
13	Doing something creative (e.g. painting, writing, sewing, playing music)	7%
14	Praying or other religious worship	2%
15	Cooking	5%

#	Field	Percentage
16	Reading, watching TV/films or listening to music/radio	10%
17	Learning a new hobby or skill	3%
18	Supporting and giving to others e.g. sending things in the post to friends and family	5%
19	Donating, fundraising, giving to or volunteering for charities and other community organisations	3%
		75109

Showing rows 1 - 20 of 20

Activities that can be harmful for our health and wellbeing: We want to remind you that your answers to these questions are completely confidential; no one will be able to find out what you have selected.

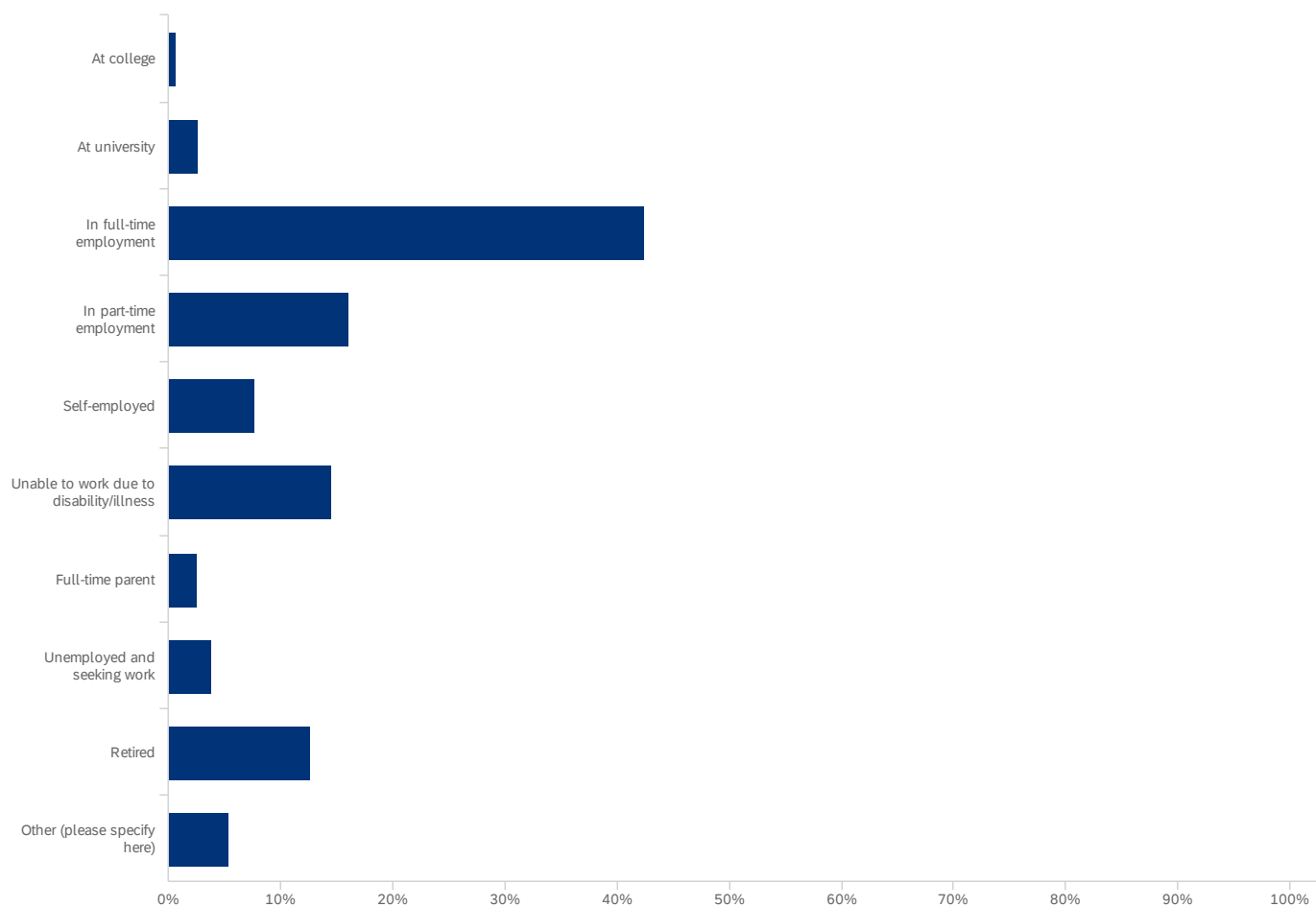


#	Field	Percentage
1	Eating too much or too little	19%
2	Sleeping too much or too little	16%
3	Over-spending e.g. shopping online for things I cannot afford	8%

#	Field	Percentage
4	Isolating myself from others	14%
5	Spending too much time on social media	13%
6	Self-harming	4%
7	Gambling	3%
8	Drinking alcohol more than usual	9%
9	Using illegal drugs	2%
10	Smoking cigarettes or vaping	5%
11	Working too much as a distraction	6%
		37703

Showing rows 1 - 12 of 12

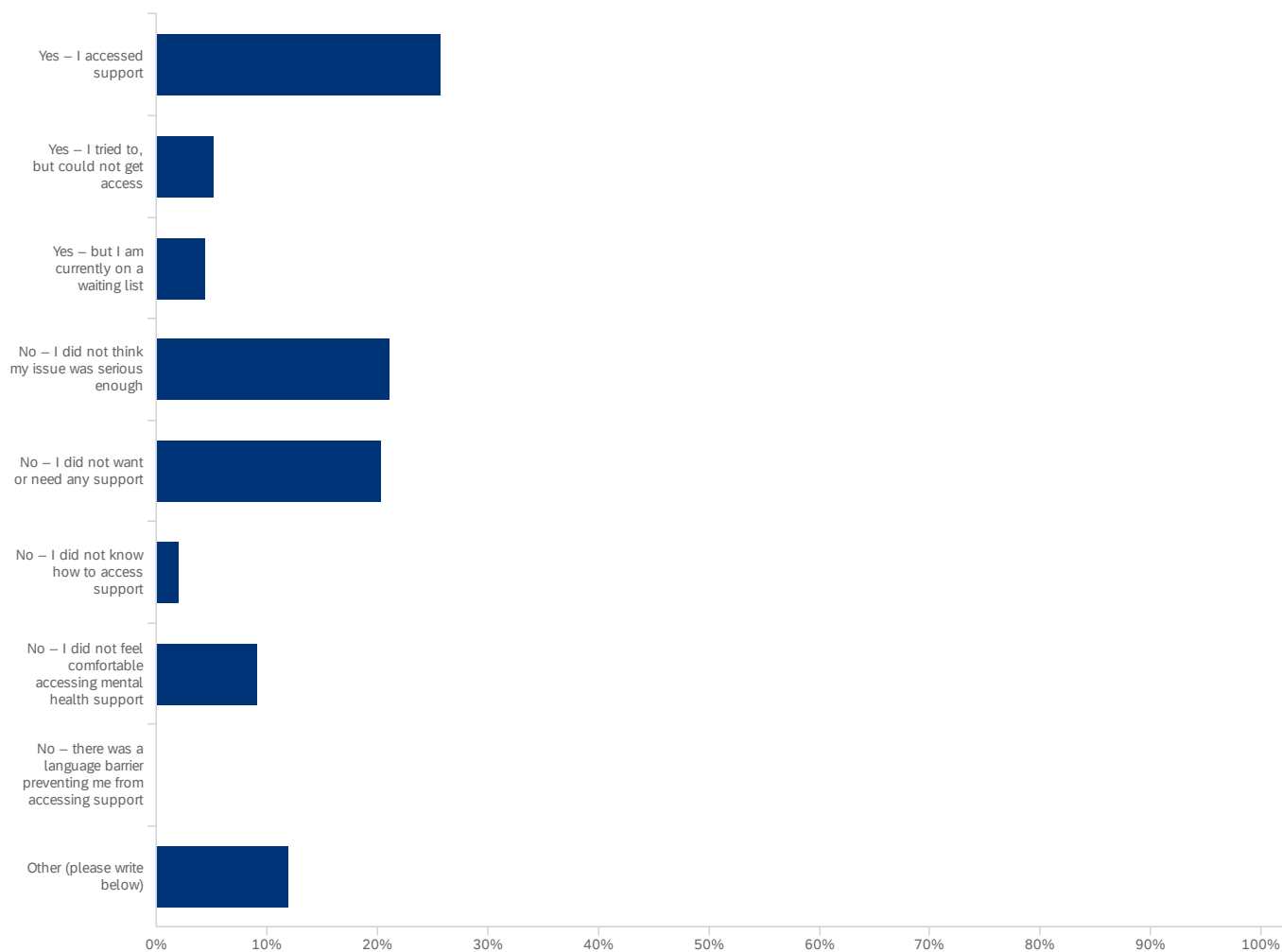
What is your employment status? Please select all that apply



#	Field	Percentage
1	At college	1%
2	At university	2%
3	In full-time employment	39%
4	In part-time employment	15%
5	Self-employed	7%
6	Unable to work due to disability/illness	13%
7	Full-time parent	2%
8	Unemployed and seeking work	4%
9	Retired	12%
10	Other (please specify here)	5%

Showing rows 1 - 11 of 11

Have you accessed (or tried to access) any services (e.g. counselling, CBT, peer support groups) to help manage your thoughts and feelings since the first national lockdown in March 2020?



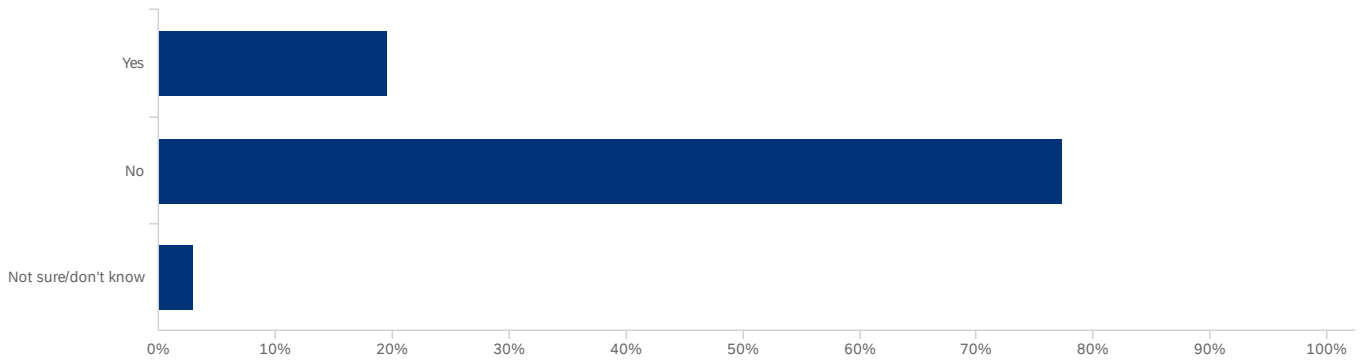
#	Field	Percentage
1	Yes – I accessed support	26%
2	Yes – I tried to, but could not get access	5%
3	Yes – but I am currently on a waiting list	4%
4	No – I did not think my issue was serious enough	21%
5	No – I did not want or need any support	20%
6	No – I did not know how to access support	2%
7	No – I did not feel comfortable accessing mental health support	9%

#	Field	Percentage
8	No – there was a language barrier preventing me from accessing support	0%

9615

Showing rows 1 - 9 of 9

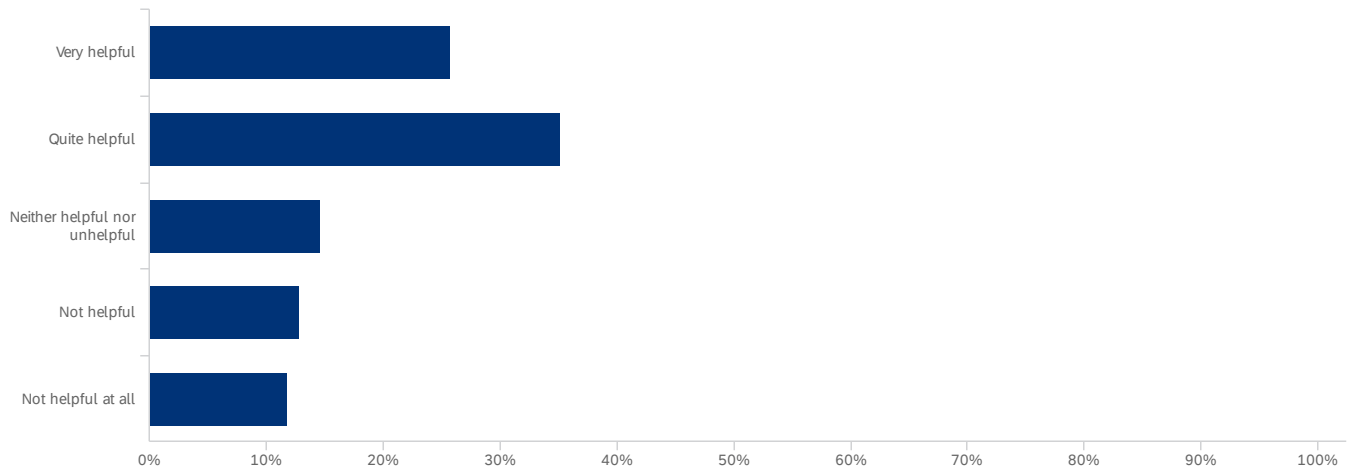
Did you access or try to access mental health support from your workplace?



#	Field	Percentage
1	Yes	20%
2	No	77%
3	Not sure/don't know	3%
		6247

Showing rows 1 - 4 of 4

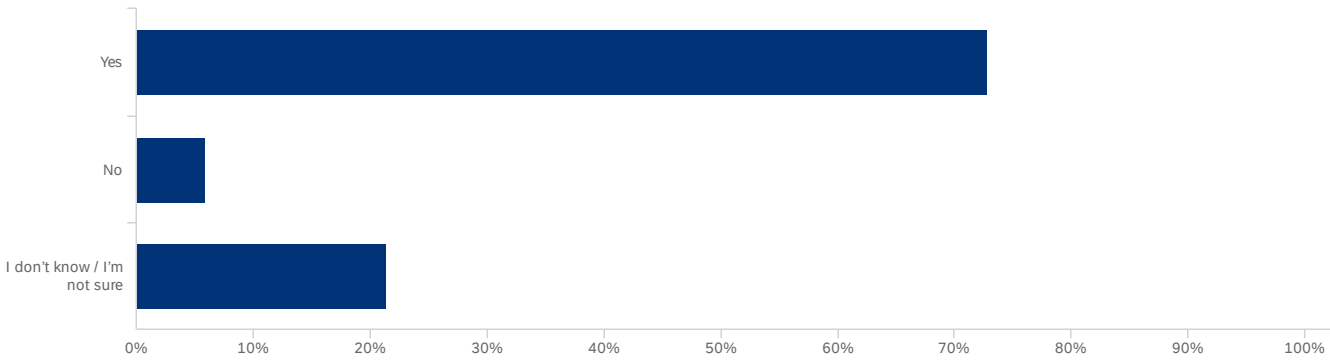
How helpful was the support you received from your workplace?



#	Field	Percentage
1	Very helpful	26%
2	Quite helpful	35%
3	Neither helpful nor unhelpful	15%
4	Not helpful	13%
5	Not helpful at all	12%
		1214

Showing rows 1 - 6 of 6

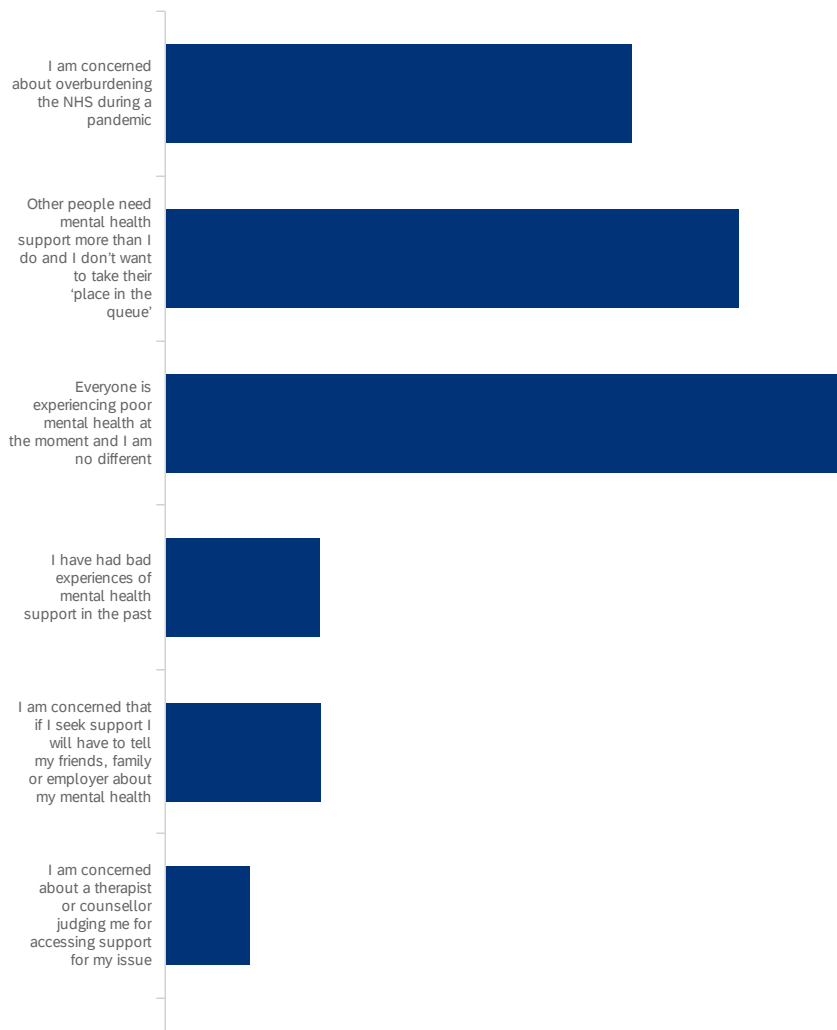
Do you think you will continue to access mental health services after coronavirus restrictions ease?

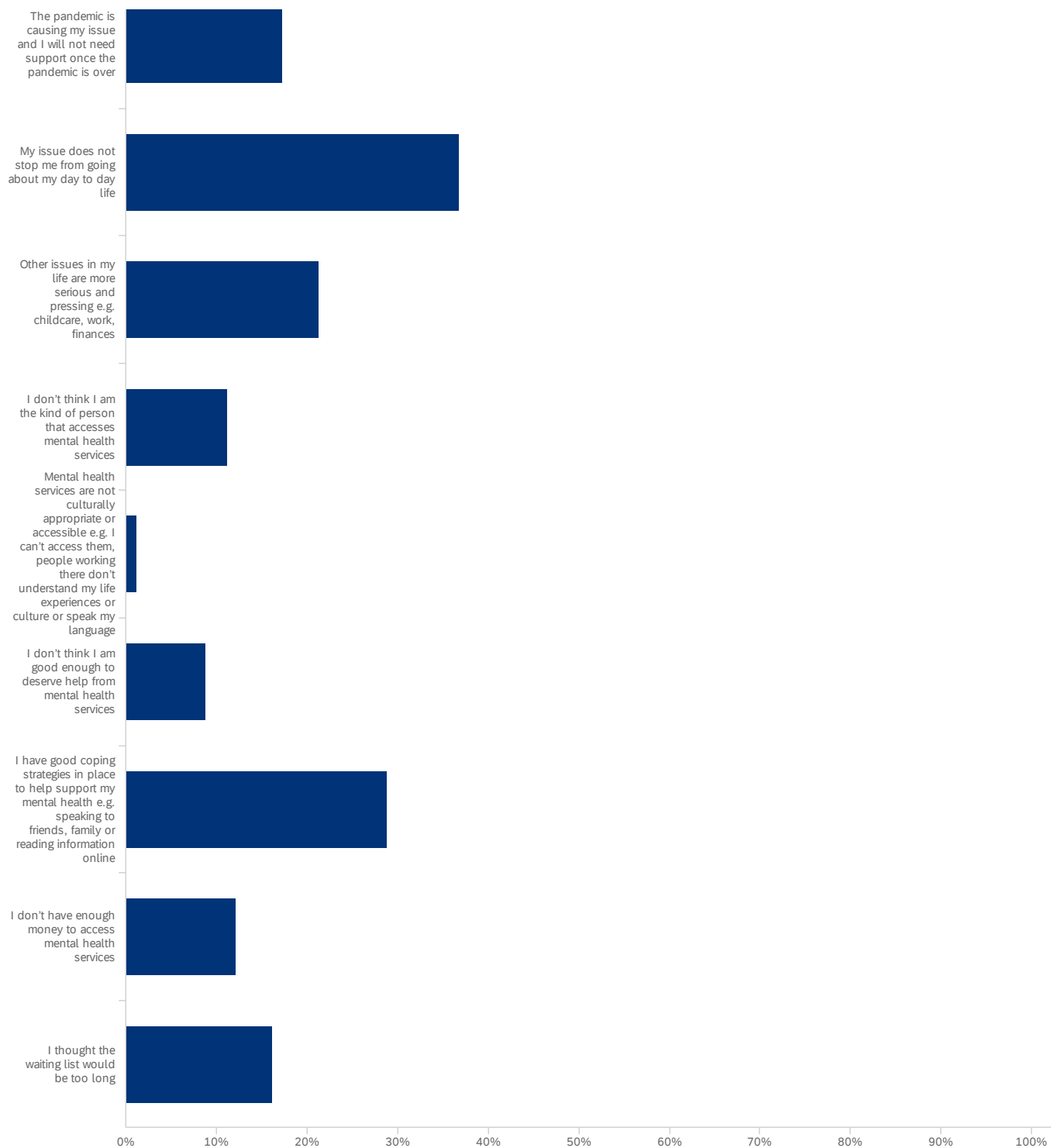


#	Field	Percentage
1	Yes	73%
2	No	6%
3	I don't know / I'm not sure	21%
		2471

Showing rows 1 - 4 of 4

Below are some statements that describe common reasons why people may not ask for support to help manage thoughts and feelings. At Mind we think that everyone deserves to get support to help manage your thoughts and feelings, if you think it might benefit you, no matter how big or small you think your issue might be. We would encourage you to take a look at our guide to getting support and accessing services, to see if you think this might help you at the moment. You are not alone, and you deserve support. Which of the following statements best describes why you did not ask for support? Please select all that apply.



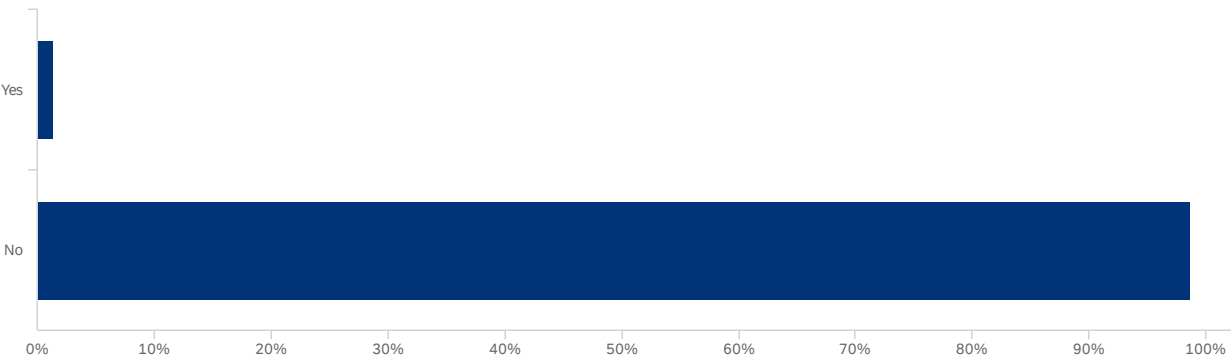


#	Field	Percentage
1	I am concerned about overburdening the NHS during a pandemic	12%
2	Other people need mental health support more than I do and I don't want to take their 'place in the queue'	14%
3	Everyone is experiencing poor mental health at the moment and I am no different	17%
4	I have had bad experiences of mental health support in the past	4%
5	I am concerned that if I seek support I will have to tell my friends, family or employer about my mental health	4%

#	Field	Percentage
6	I am concerned about a therapist or counsellor judging me for accessing support for my issue	2%
7	The pandemic is causing my issue and I will not need support once the pandemic is over	5%
8	My issue does not stop me from going about my day to day life	11%
9	Other issues in my life are more serious and pressing e.g. childcare, work, finances	6%
10	I don't think I am the kind of person that accesses mental health services	3%
11	Mental health services are not culturally appropriate or accessible e.g. I can't access them, people working there don't understand my life experiences or culture or speak my language	0%
12	I don't think I am good enough to deserve help from mental health services	3%
13	I have good coping strategies in place to help support my mental health e.g. speaking to friends, family or reading information online	8%
14	I don't have enough money to access mental health services	4%
15	I thought the waiting list would be too long	5%
16	Other: please specify here	2%
		9788

Showing rows 1 - 17 of 17

Are you a Welsh speaker living in Wales?

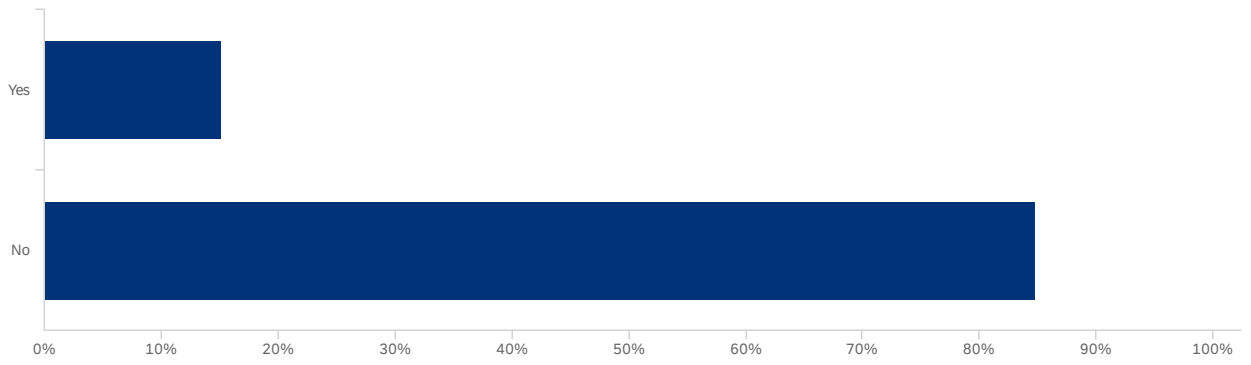


#	Field	Percentage
1	Yes	1%
2	No	99%

2476

Showing rows 1 - 3 of 3

Is Welsh your preferred language for accessing support?

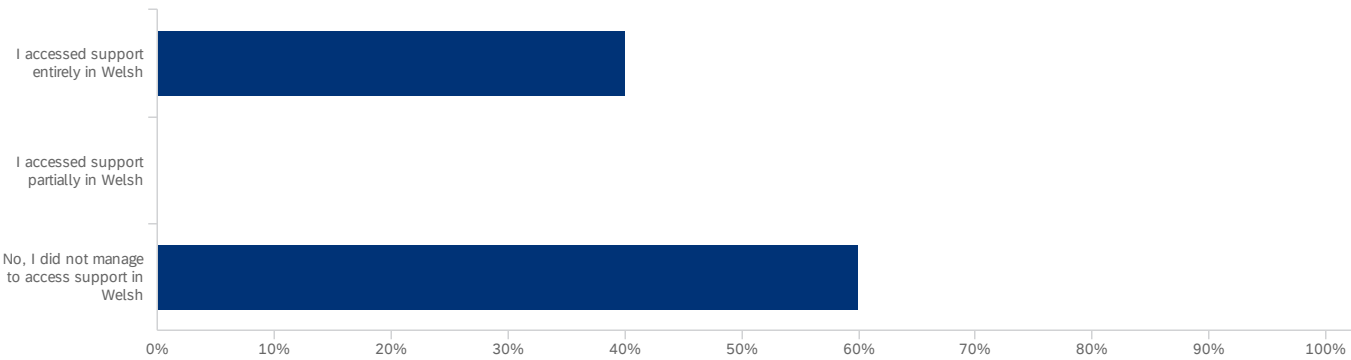


#	Field	Percentage
1	Yes	15%
2	No	85%

33

Showing rows 1 - 3 of 3

Did you manage to access support in Welsh?



#	Field	Percentage
1	I accessed support entirely in Welsh	40%
2	I accessed support partially in Welsh	0%
3	No, I did not manage to access support in Welsh	60%
		5

Showing rows 1 - 4 of 4

How has the pandemic affected your ability to access support in Welsh?

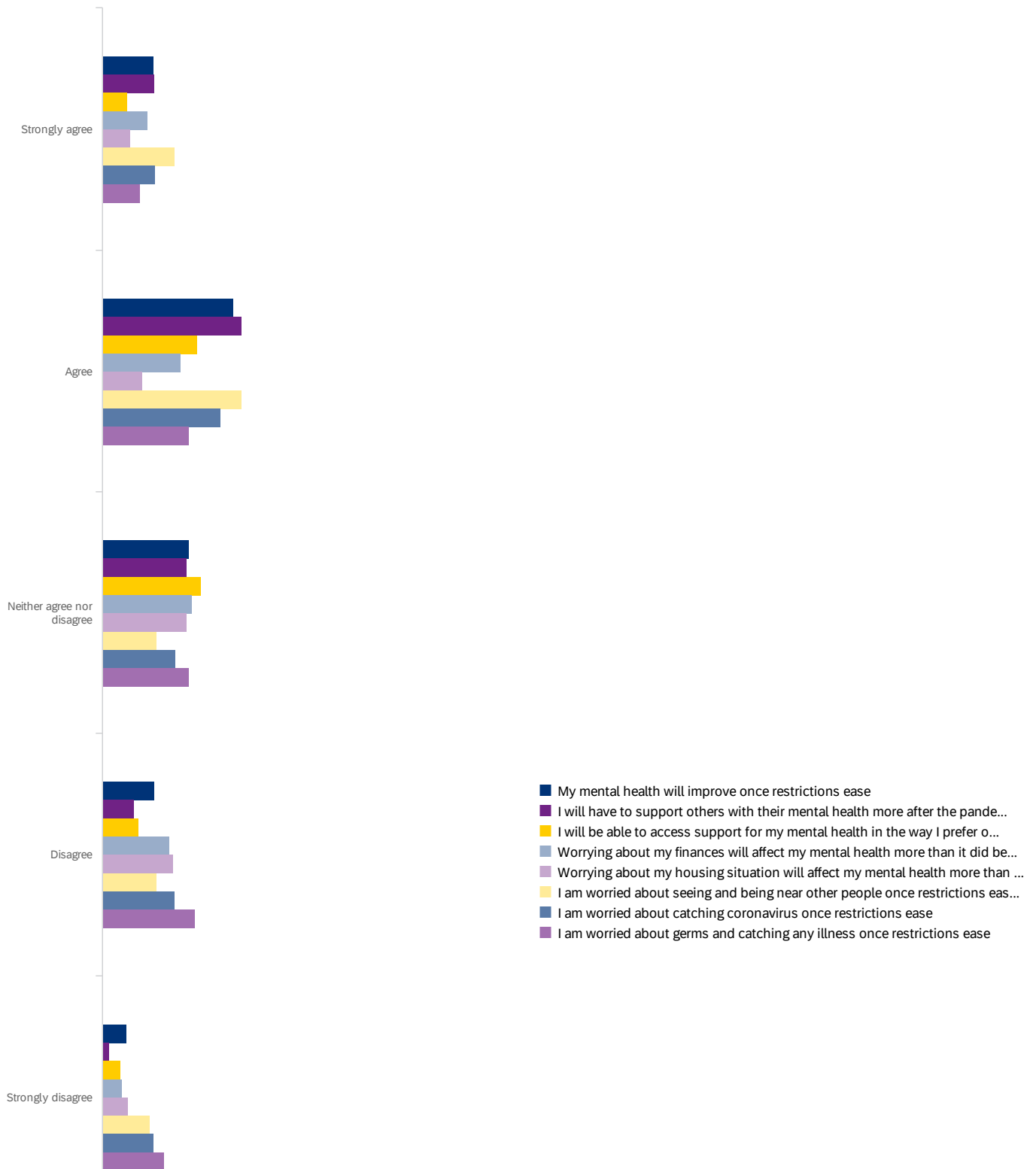


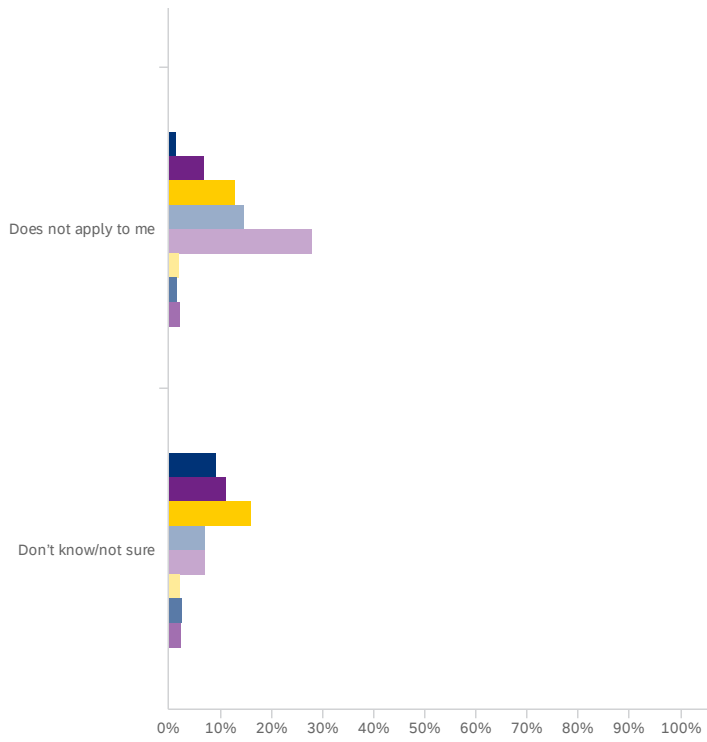
Data source misconfigured for this
visualisation.



Data source misconfigured for this
visualisation.

Thinking ahead to when coronavirus restrictions ease, to what extent do you agree or disagree with the following statements about yours and others' mental health and wellbeing?



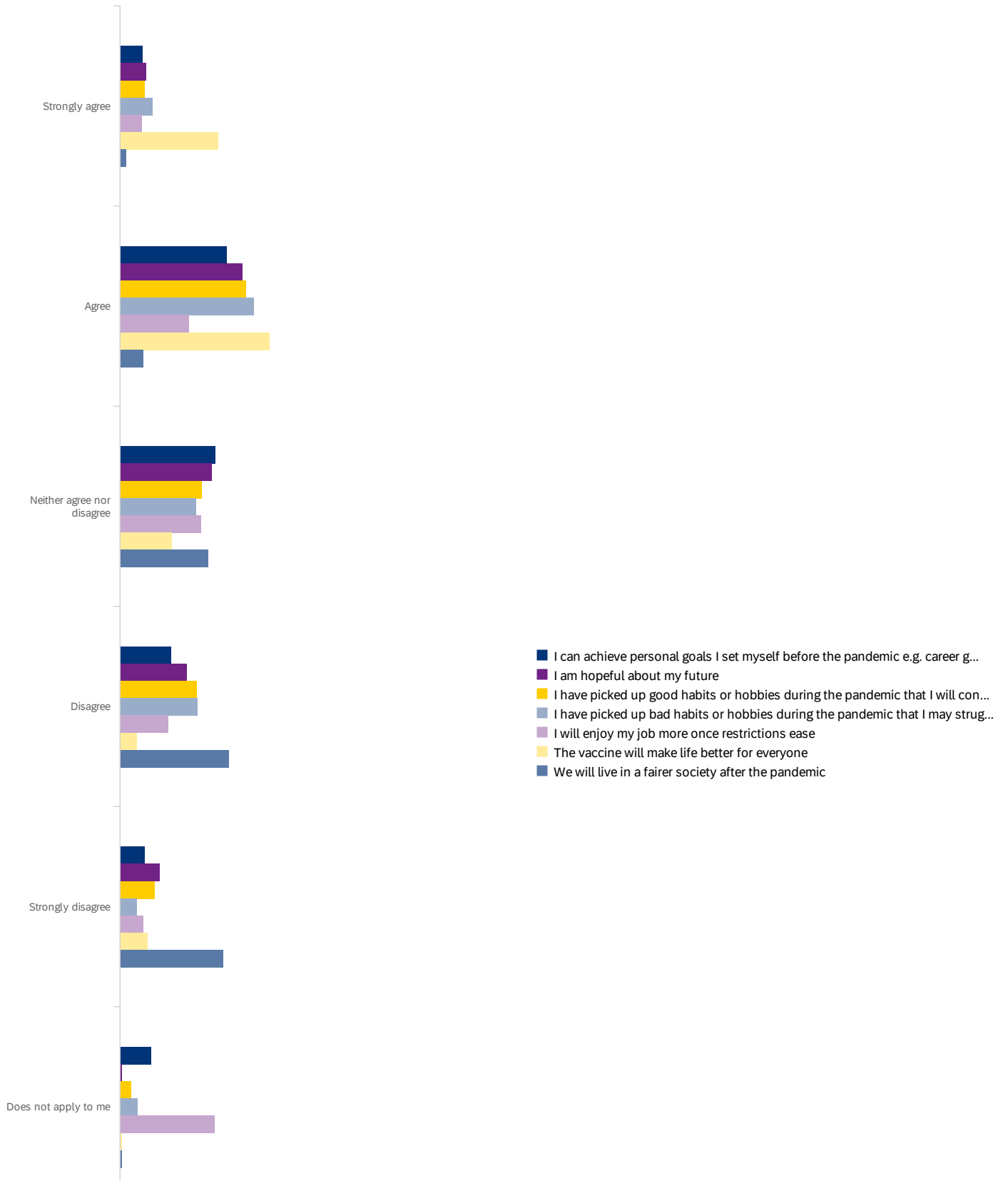


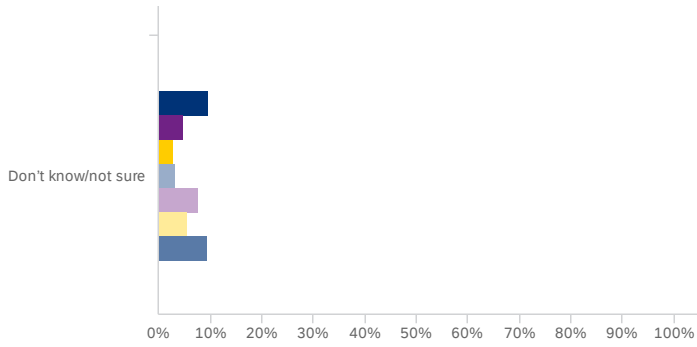
#	Field	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree	Does not apply to me	Don't know/not sure
1	My mental health will improve once restrictions ease	13%	34%	22%	13%	6%	1%	9%
2	I will have to support others with their mental health more after the pandemic e.g. friends, family, people I work with	14%	36%	22%	8%	2%	7%	11%
3	I will be able to access support for my mental health in the way I prefer once restrictions ease	6%	25%	26%	9%	5%	13%	16%
4	Worrying about my finances will affect my mental health more than it did before the pandemic	12%	20%	23%	17%	5%	15%	7%
5	Worrying about my housing situation will affect my mental health more than it did before the pandemic	7%	10%	22%	18%	7%	28%	7%
6	I am worried about seeing and being near other people once restrictions ease	19%	36%	14%	14%	12%	2%	2%

#	Field	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree	Does not apply to me	Don't know/not sure
7	I am worried about catching coronavirus once restrictions ease	14%	31%	19%	19%	13%	2%	3%
8	I am worried about germs and catching any illness once restrictions ease	10%	23%	23%	24%	16%	2%	2%

Showing rows 1 - 8 of 8

Thinking ahead to when coronavirus restrictions ease, to what extent do you agree or disagree with the following statements about your future and the world that we will live in?

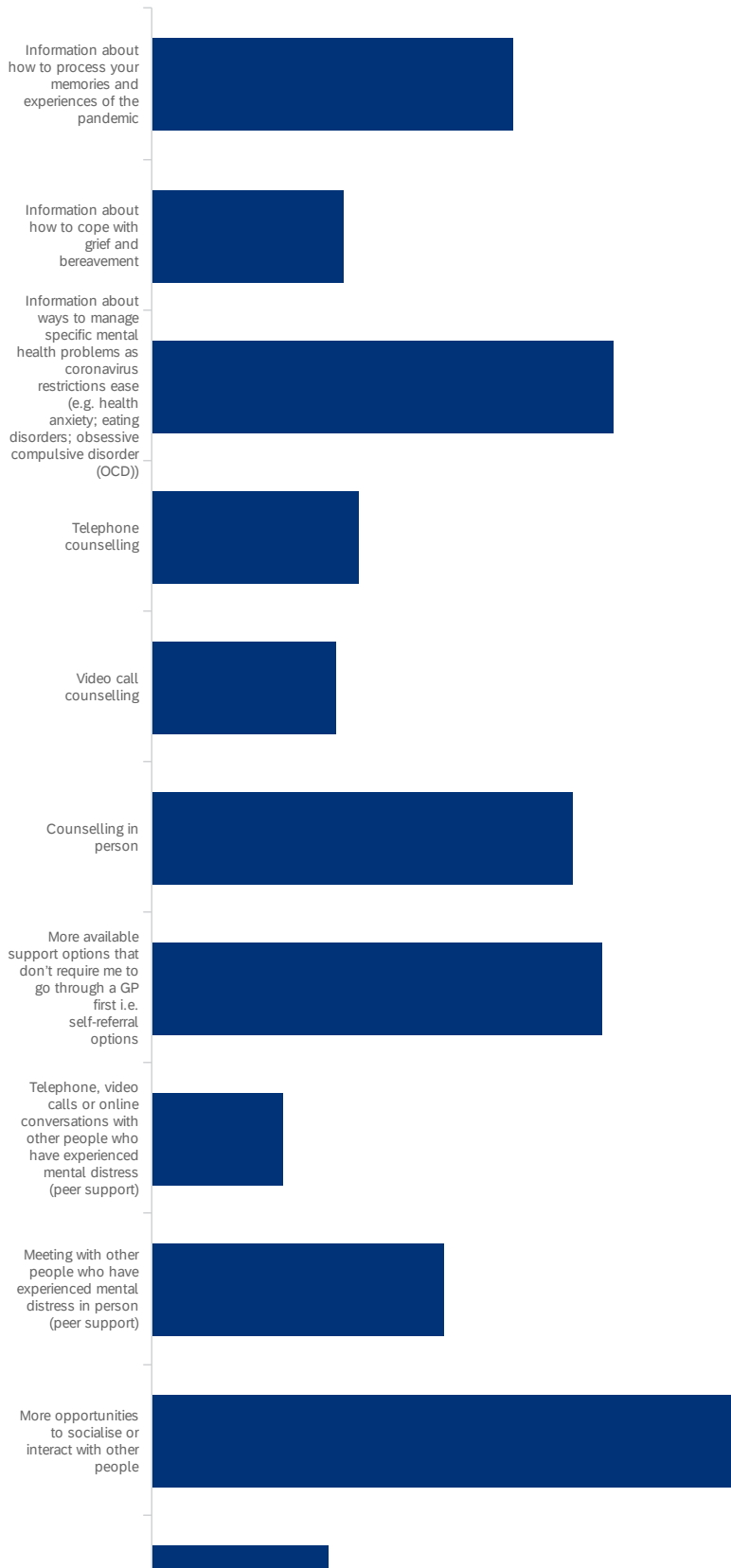


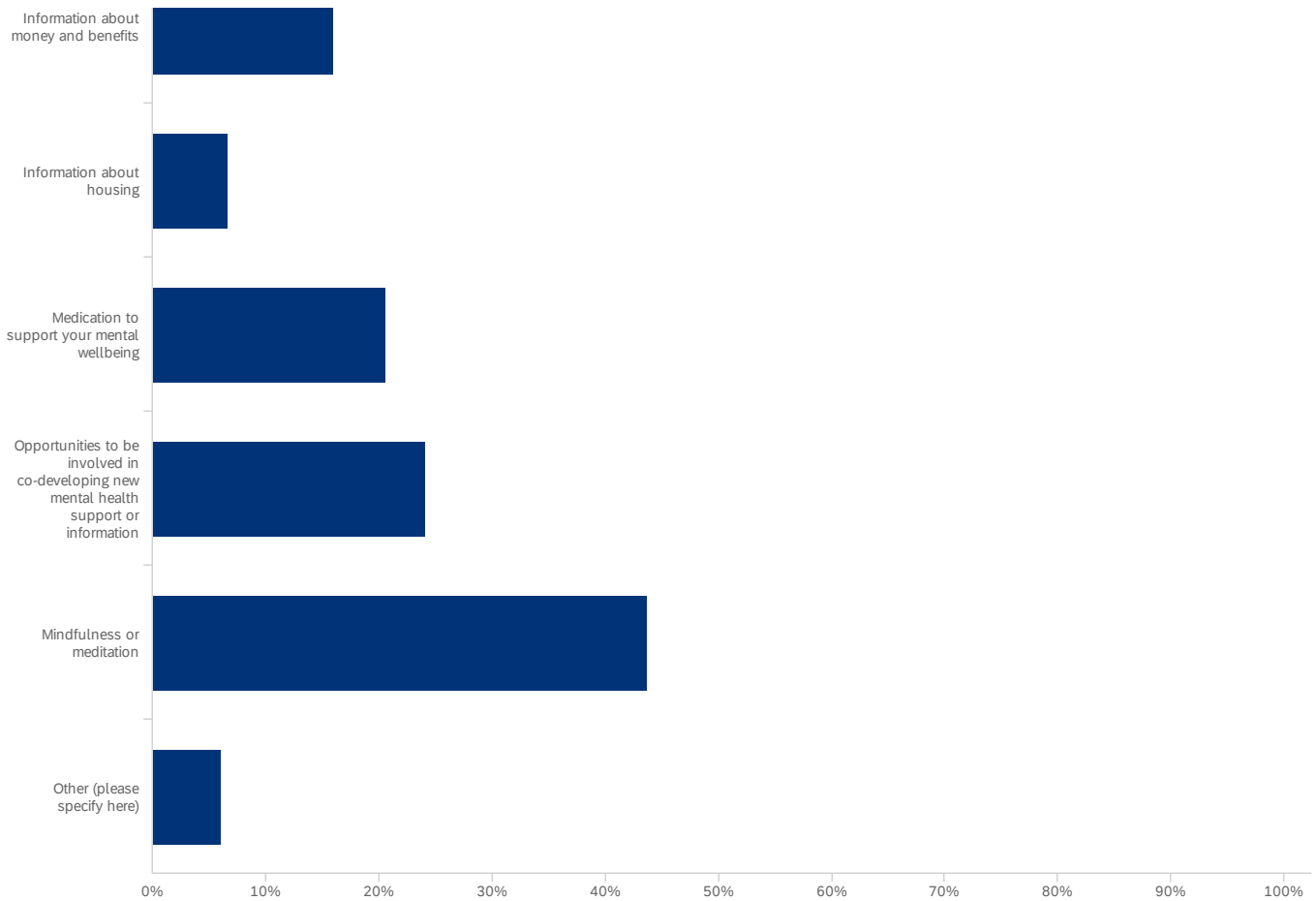


#	Field	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree	Does not apply to me	Don't know/not sure
1	I can achieve personal goals I set myself before the pandemic e.g. career goals	6%	29%	26%	14%	7%	8%	10%
2	I am hopeful about my future	7%	33%	25%	18%	11%	0%	5%
3	I have picked up good habits or hobbies during the pandemic that I will continue	7%	35%	22%	21%	10%	3%	3%
4	I have picked up bad habits or hobbies during the pandemic that I may struggle to stop	9%	37%	21%	21%	5%	5%	3%
5	I will enjoy my job more once restrictions ease	6%	19%	22%	13%	6%	26%	8%
6	The vaccine will make life better for everyone	27%	41%	14%	5%	8%	0%	5%
7	We will live in a fairer society after the pandemic	2%	6%	24%	30%	28%	1%	9%

Showing rows 1 - 7 of 7

Thinking ahead, what support would you find useful to support your mental health and wellbeing once coronavirus restrictions have eased? Please select all that apply.



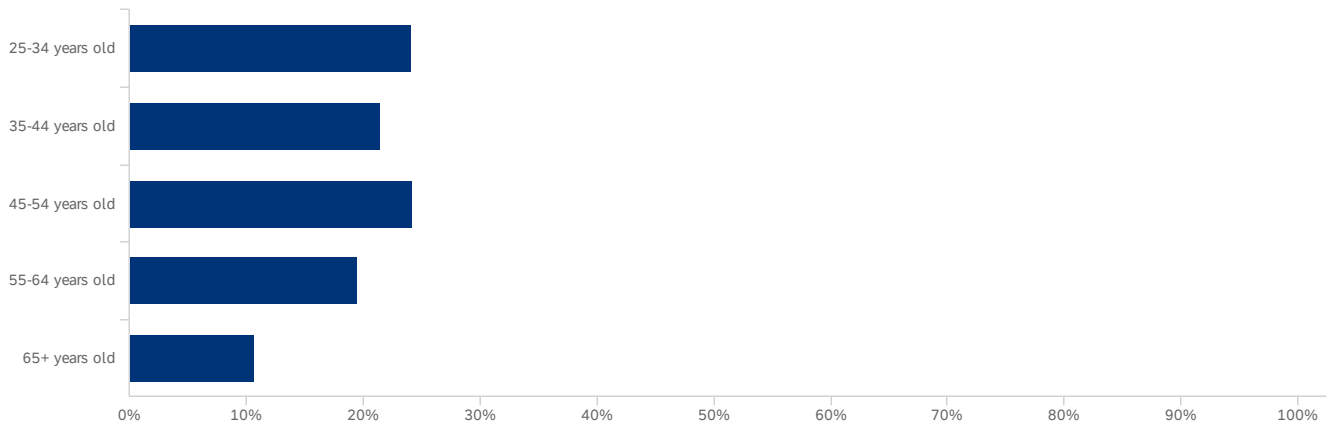


#	Field	Percentage
1	Information about how to process your memories and experiences of the pandemic	8%
2	Information about how to cope with grief and bereavement	4%
3	Information about ways to manage specific mental health problems as coronavirus restrictions ease (e.g. health anxiety; eating disorders; obsessive compulsive disorder (OCD))	10%
4	Telephone counselling	5%
5	Video call counselling	4%
6	Counselling in person	9%
7	More available support options that don't require me to go through a GP first i.e. self-referral options	10%
8	Telephone, video calls or online conversations with other people who have experienced mental distress (peer support)	3%
9	Meeting with other people who have experienced mental distress in person (peer support)	6%
10	More opportunities to socialise or interact with other people	13%
11	Information about money and benefits	4%
12	Information about housing	2%
13	Medication to support your mental wellbeing	5%

#	Field	Percentage
14	Opportunities to be involved in co-developing new mental health support or information	6%
15	Mindfulness or meditation	11%
		35157

Showing rows 1 - 16 of 16

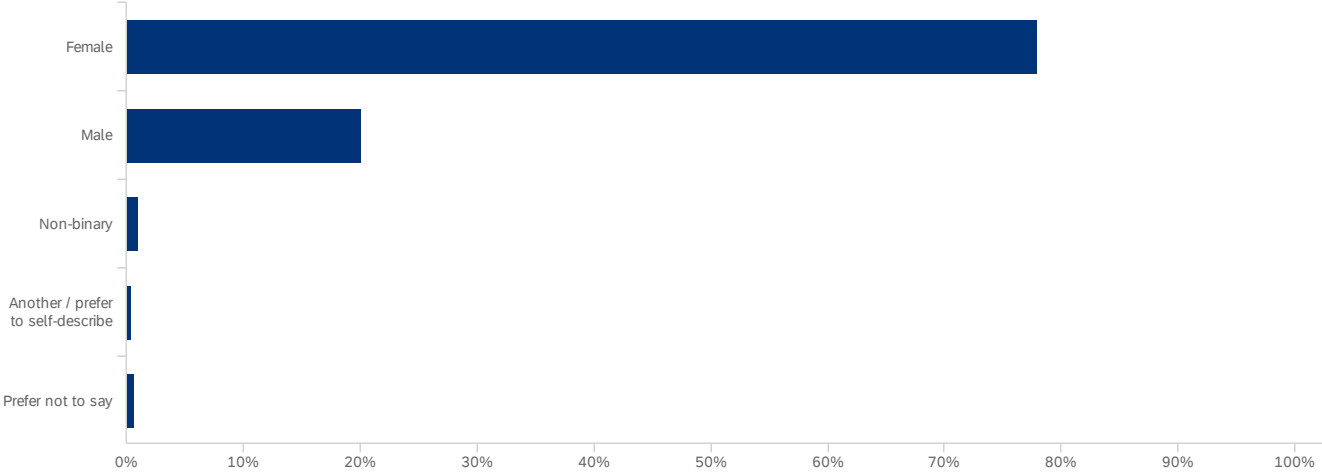
How old are you?



#	Field	Percentage
1	25-34 years old	24%
2	35-44 years old	21%
3	45-54 years old	24%
4	55-64 years old	20%
5	65+ years old	11%
		9251

Showing rows 1 - 6 of 6

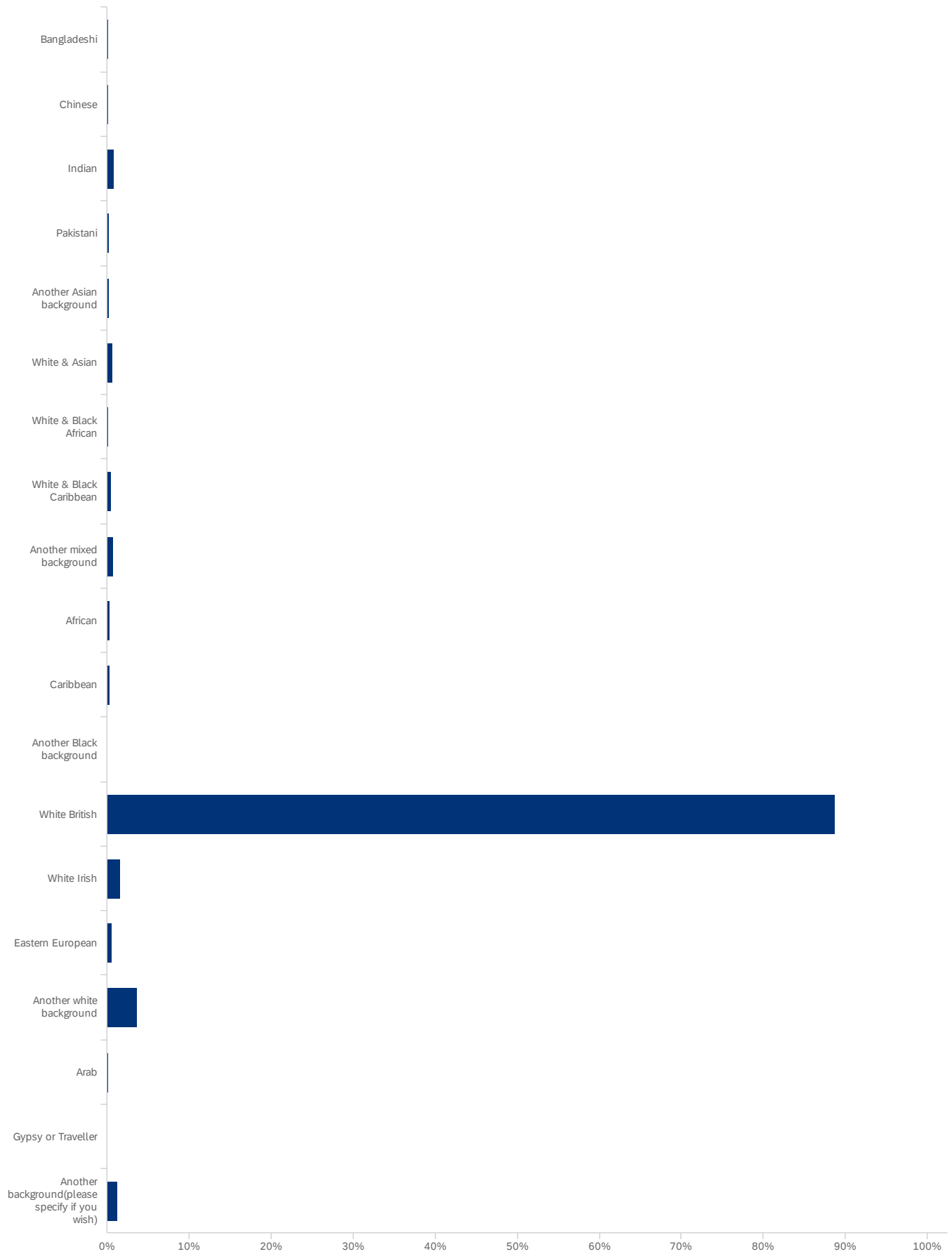
What is your gender?



#	Field	Percentage
1	Female	78%
2	Male	20%
3	Non-binary	1%
4	Another / prefer to self-describe	0%
5	Prefer not to say	1%
		9232

Showing rows 1 - 6 of 6

How would you describe your ethnic background?



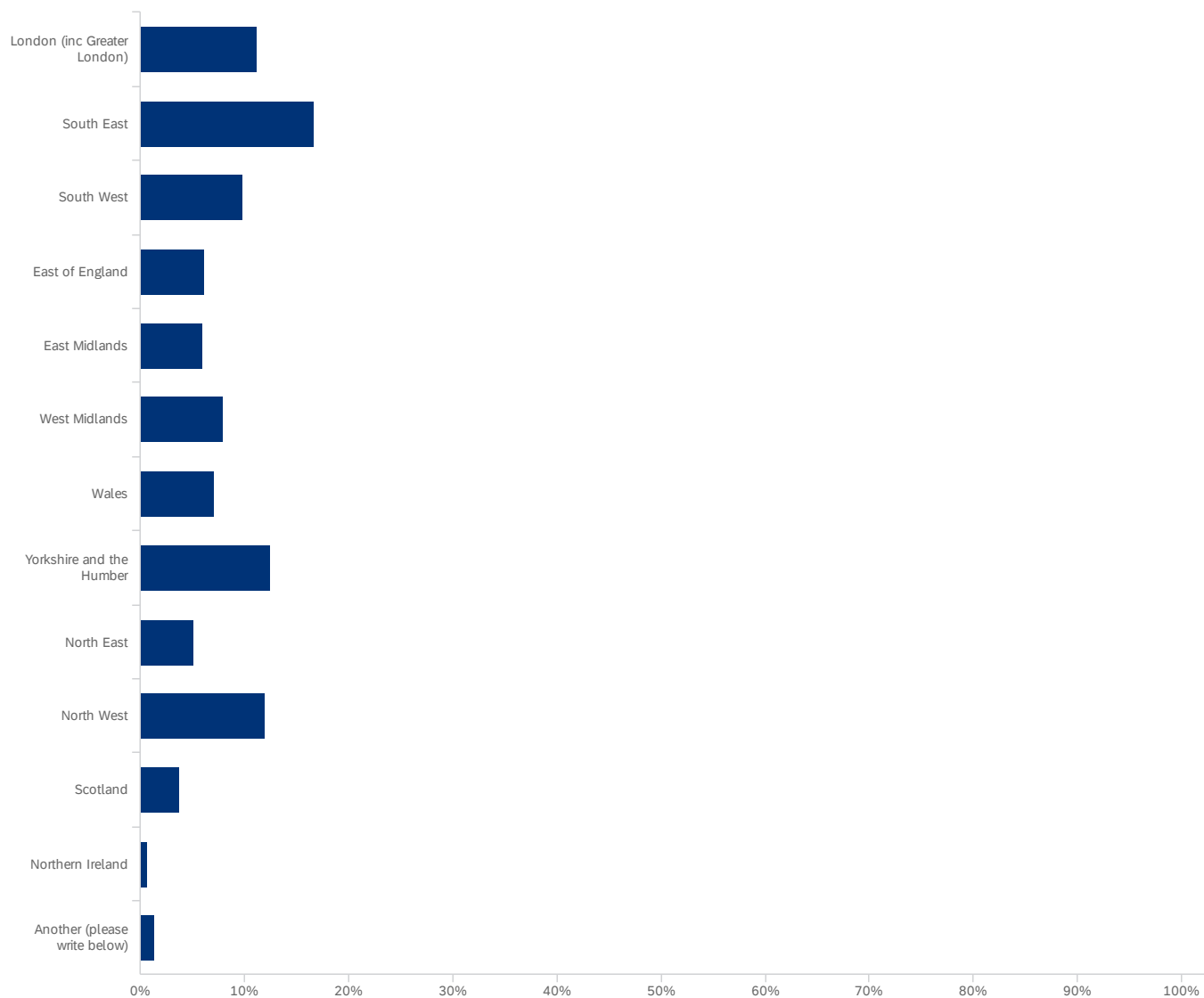
Field

Percentage

#	Field	Percentage
1	Bangladeshi	0%
2	Chinese	0%
3	Indian	1%
4	Pakistani	0%
5	Another Asian background	0%
6	White & Asian	1%
7	White & Black African	0%
8	White & Black Caribbean	0%
9	Another mixed background	1%
10	African	0%
11	Caribbean	0%
12	Another Black background	0%
13	White British	89%
14	White Irish	2%
15	Eastern European	1%
16	Another white background	4%
17	Arab	0%
18	Gypsy or Traveller	0%
19	Another background(please specify if you wish)	1%
		9196

Showing rows 1 - 20 of 20

Where do you live?

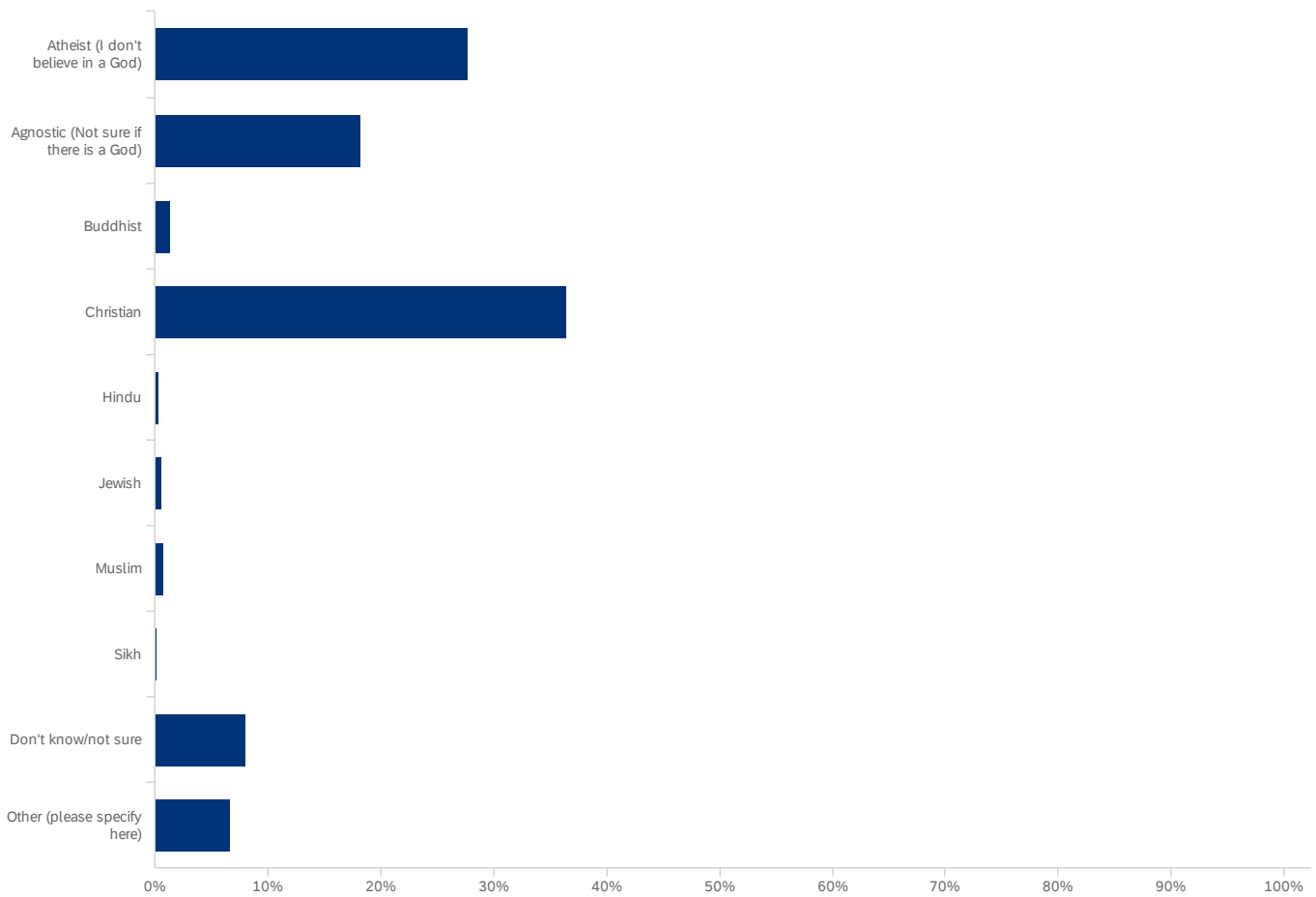


#	Field	Percentage
1	London (inc Greater London)	11%
2	South East	17%
3	South West	10%
4	East of England	6%
5	East Midlands	6%
6	West Midlands	8%
7	Wales	7%
8	Yorkshire and the Humber	12%

#	Field	Percentage
9	North East	5%
10	North West	12%
11	Scotland	4%
12	Northern Ireland	1%
13	Another (please write below)	1%
		9209

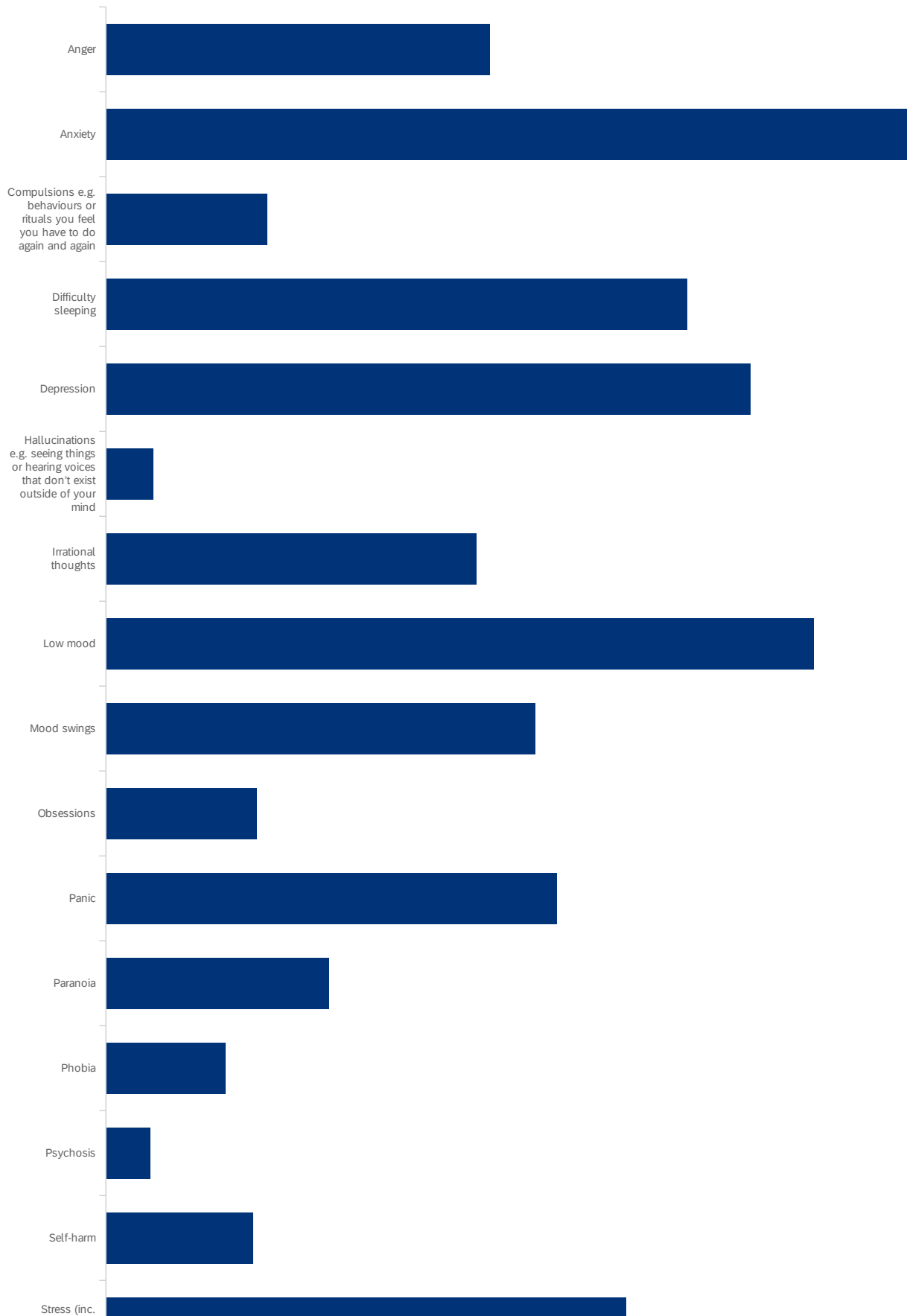
Showing rows 1 - 14 of 14

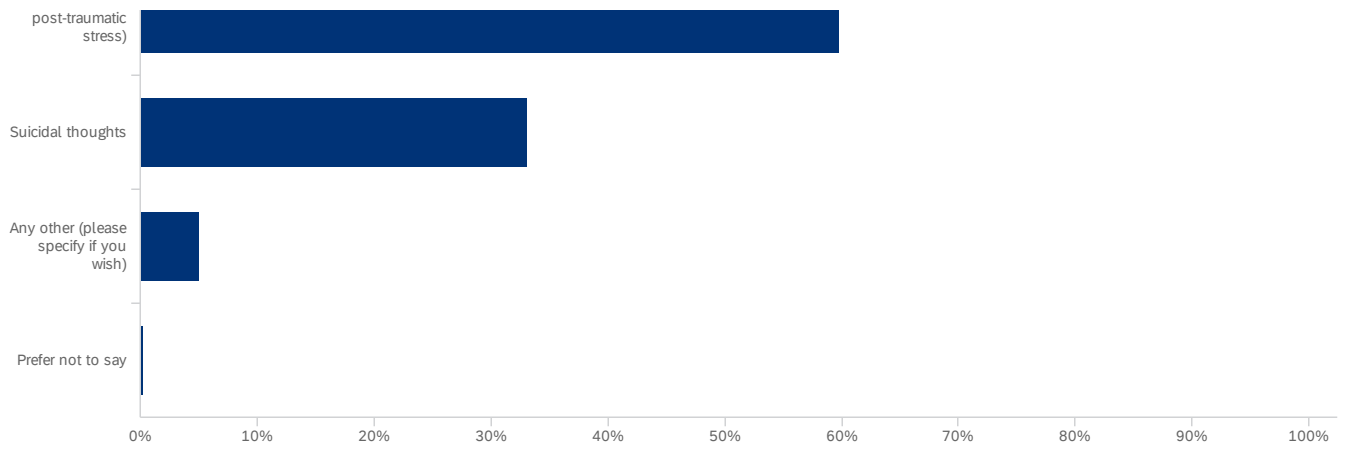
What is your current religion, if any?



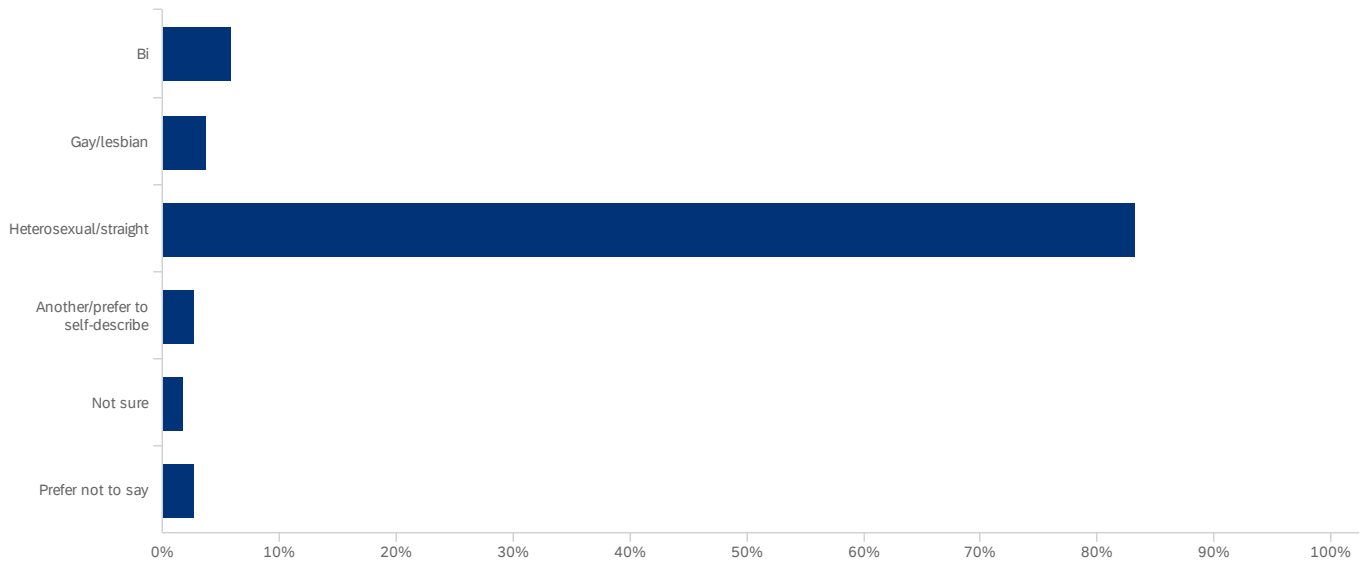
#	Field	Percentage
1	Atheist (I don't believe in a God)	28%
2	Agnostic (Not sure if there is a God)	18%
3	Buddhist	1%
4	Christian	36%
5	Hindu	0%
6	Jewish	1%
7	Muslim	1%
8	Sikh	0%
9	Don't know/not sure	8%
10	Other (please specify here)	7%

How would you describe your mental health experiences? Please select all that apply





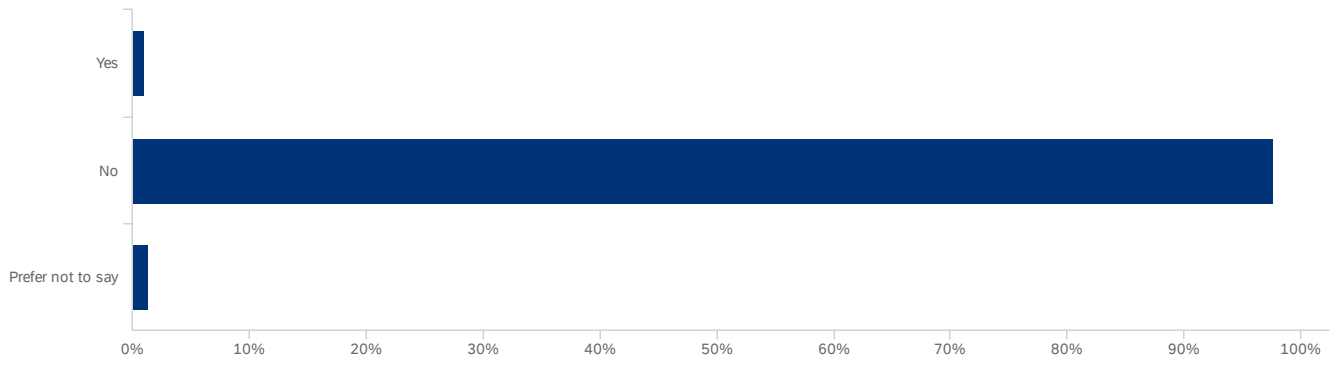
Which of the following best describes how you think of yourself?



#	Field	Percentage
1	Bi	6%
2	Gay/lesbian	4%
3	Heterosexual/straight	83%
4	Another/prefer to self-describe	3%
5	Not sure	2%
6	Prefer not to say	3%
		9163

Showing rows 1 - 7 of 7

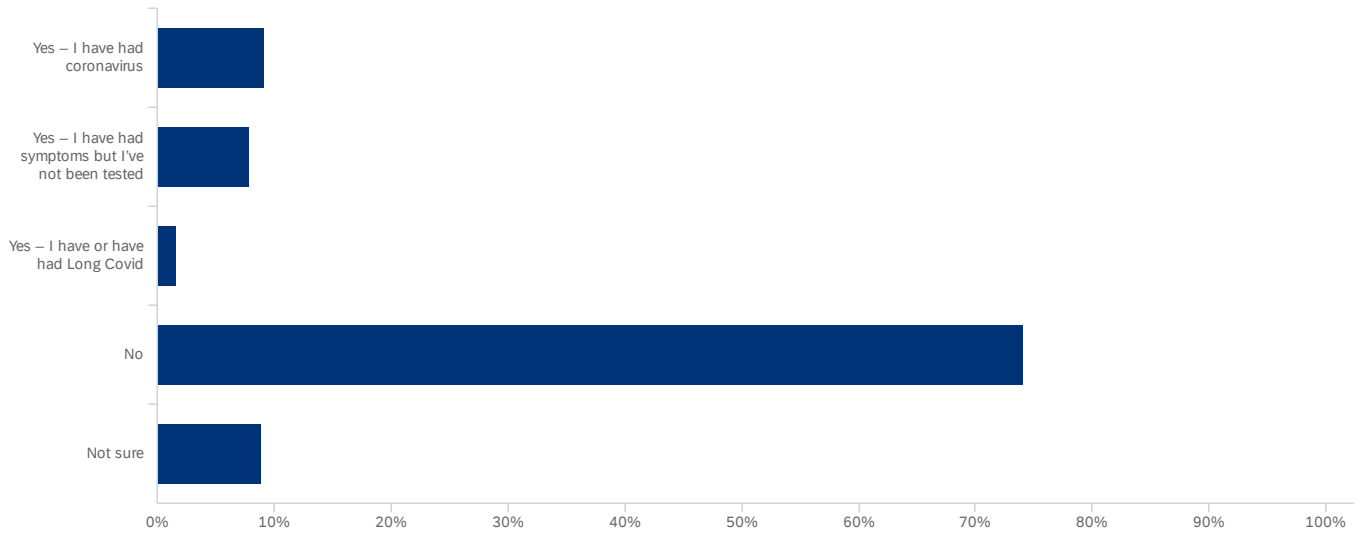
Have you ever identified as trans/transgender, now or in the past?



#	Field	Percentage
1	Yes	1%
2	No	98%
3	Prefer not to say	1%
		8992

Showing rows 1 - 4 of 4

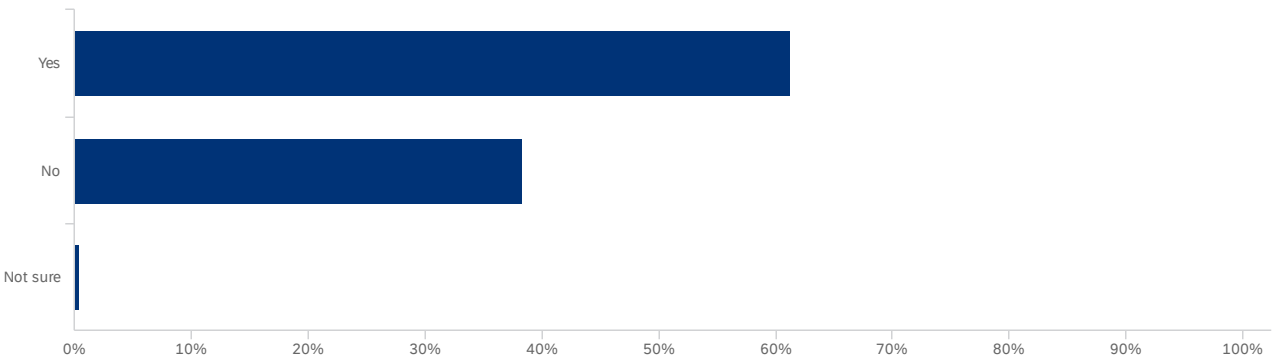
Have you experienced coronavirus symptoms? Coronavirus symptoms include a high temperature, a new, continuous cough, or loss of sense of smell and/or taste. Please select all that apply



#	Field	Percentage
1	Yes - I have had coronavirus	9%
2	Yes - I have had symptoms but I've not been tested	8%
3	Yes - I have or have had Long Covid	2%
4	No	73%
5	Not sure	9%
		9356

Showing rows 1 - 6 of 6

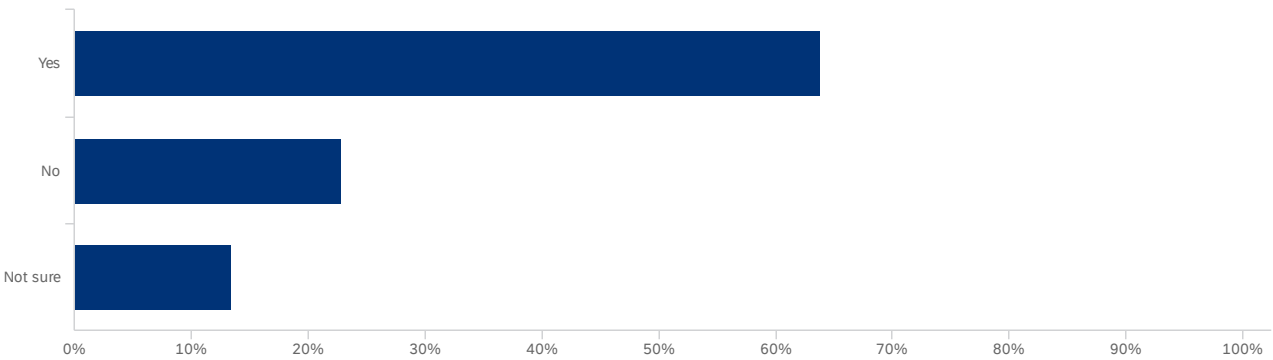
Have you had the coronavirus vaccine?



#	Field	Percentage
1	Yes	61%
2	No	38%
3	Not sure	0%
		9228

Showing rows 1 - 4 of 4

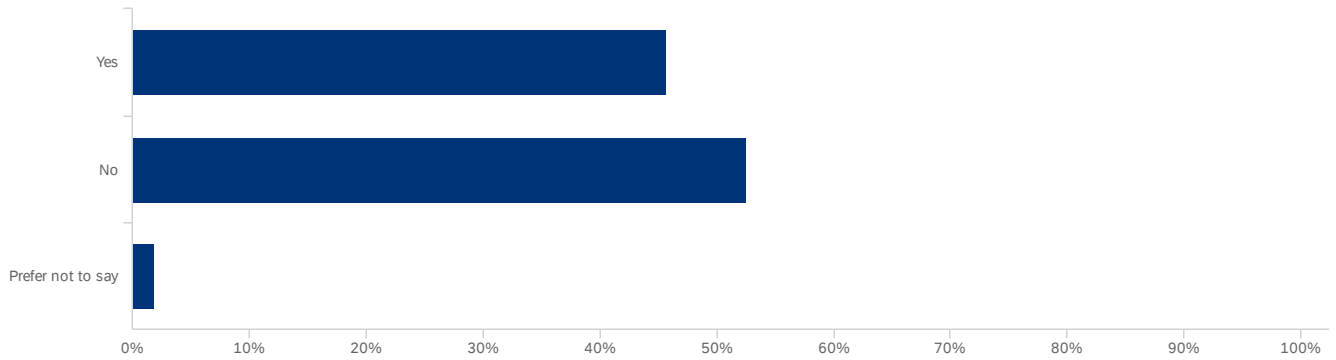
Will you have the coronavirus vaccine when offered?



#	Field	Percentage
1	Yes	64%
2	No	23%
3	Not sure	13%
		3531

Showing rows 1 - 4 of 4

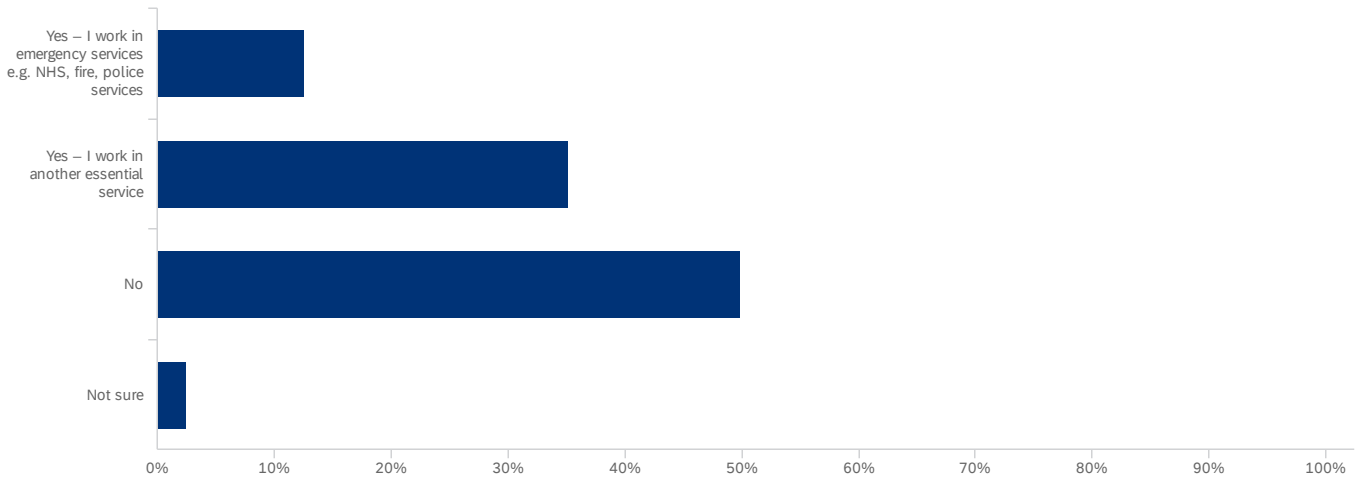
Do you have a long-term health problem or learning difference? Examples of long-term health problems and learning differences include epilepsy, depression, Asperger's syndrome or deafness.



#	Field	Percentage
1	Yes	46%
2	No	53%
3	Prefer not to say	2%
		9084

Showing rows 1 - 4 of 4

Do you consider yourself to be a 'key worker'? This term refers to employees who are considered to be providing an 'essential service', as defined by Government guidance here.

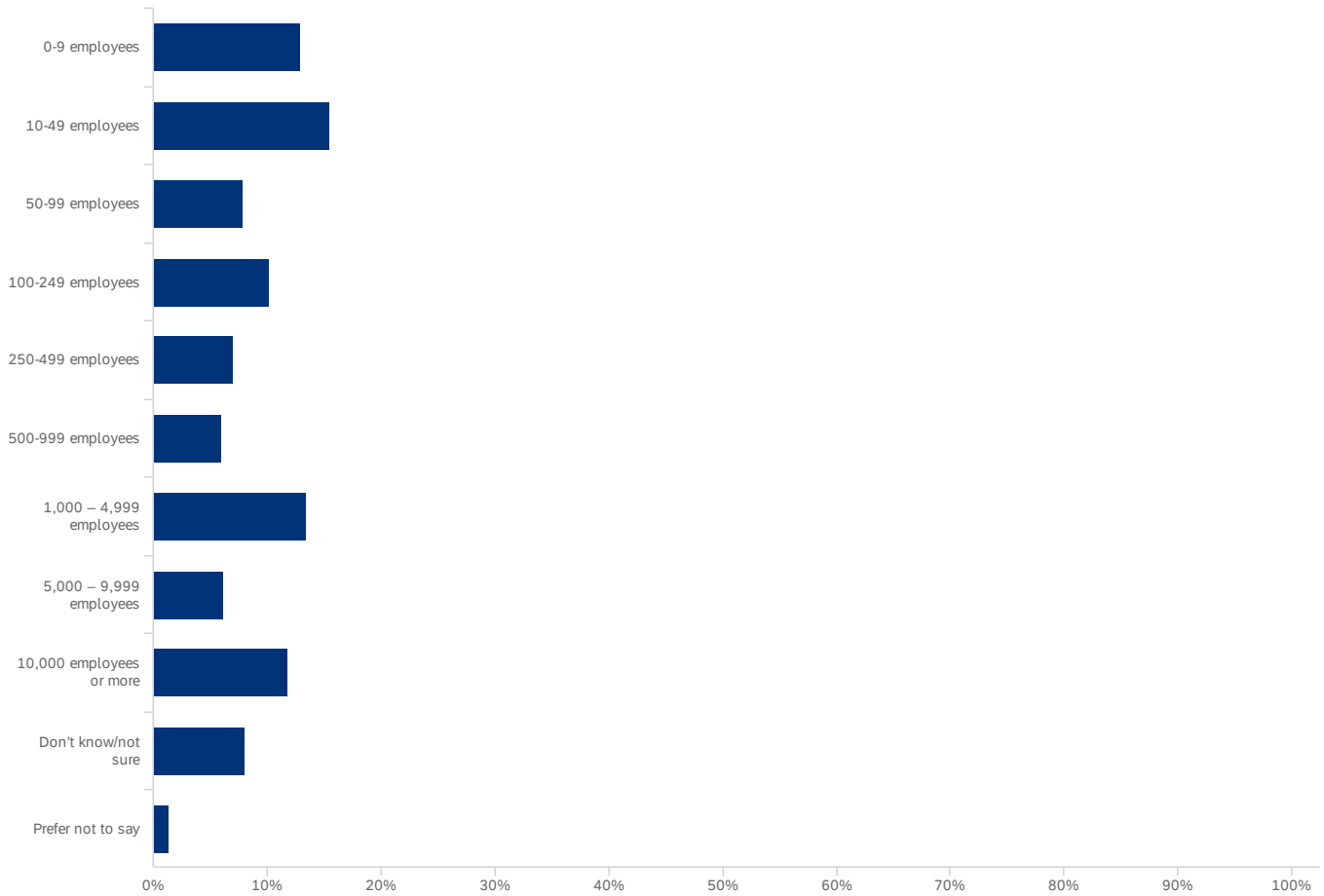


#	Field	Percentage
1	Yes - I work in emergency services e.g. NHS, fire, police services	13%
2	Yes - I work in another essential service	35%
3	No	50%
4	Not sure	2%

5916

Showing rows 1 - 5 of 5

How many people are employed by the organisation you work for in total? If you are unsure, please give us your best estimate. Please only include paid members of staff (i.e. do not include volunteers)

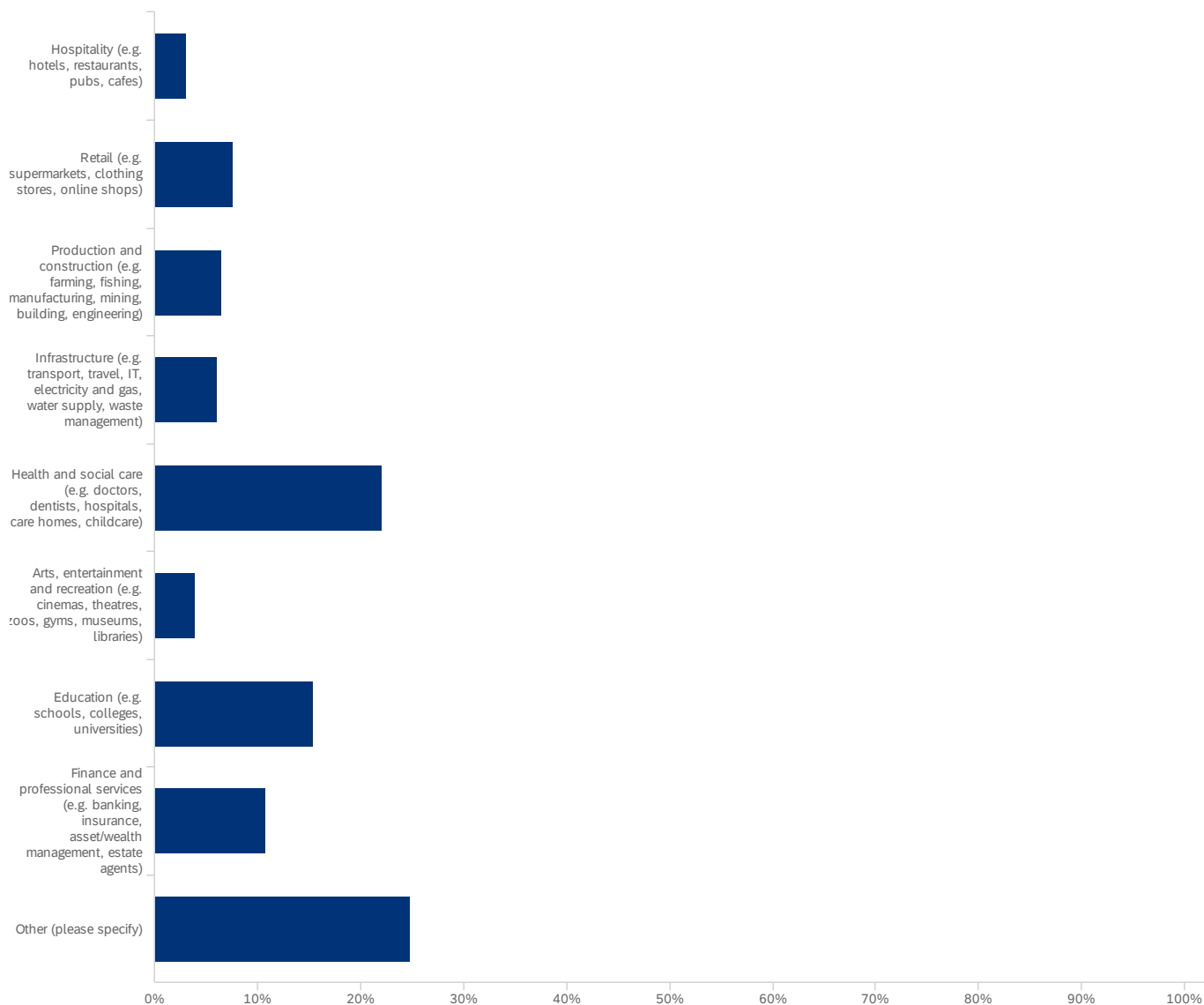


#	Field	Percentage
1	0-9 employees	13%
2	10-49 employees	15%
3	50-99 employees	8%
4	100-249 employees	10%
5	250-499 employees	7%
6	500-999 employees	6%
7	1,000 – 4,999 employees	13%
8	5,000 – 9,999 employees	6%

#	Field	Percentage
9	10,000 employees or more	12%
10	Don't know/not sure	8%
11	Prefer not to say	1%
		5864

Showing rows 1 - 12 of 12

Which of the following best describes the industry or main business activity of your organisation?

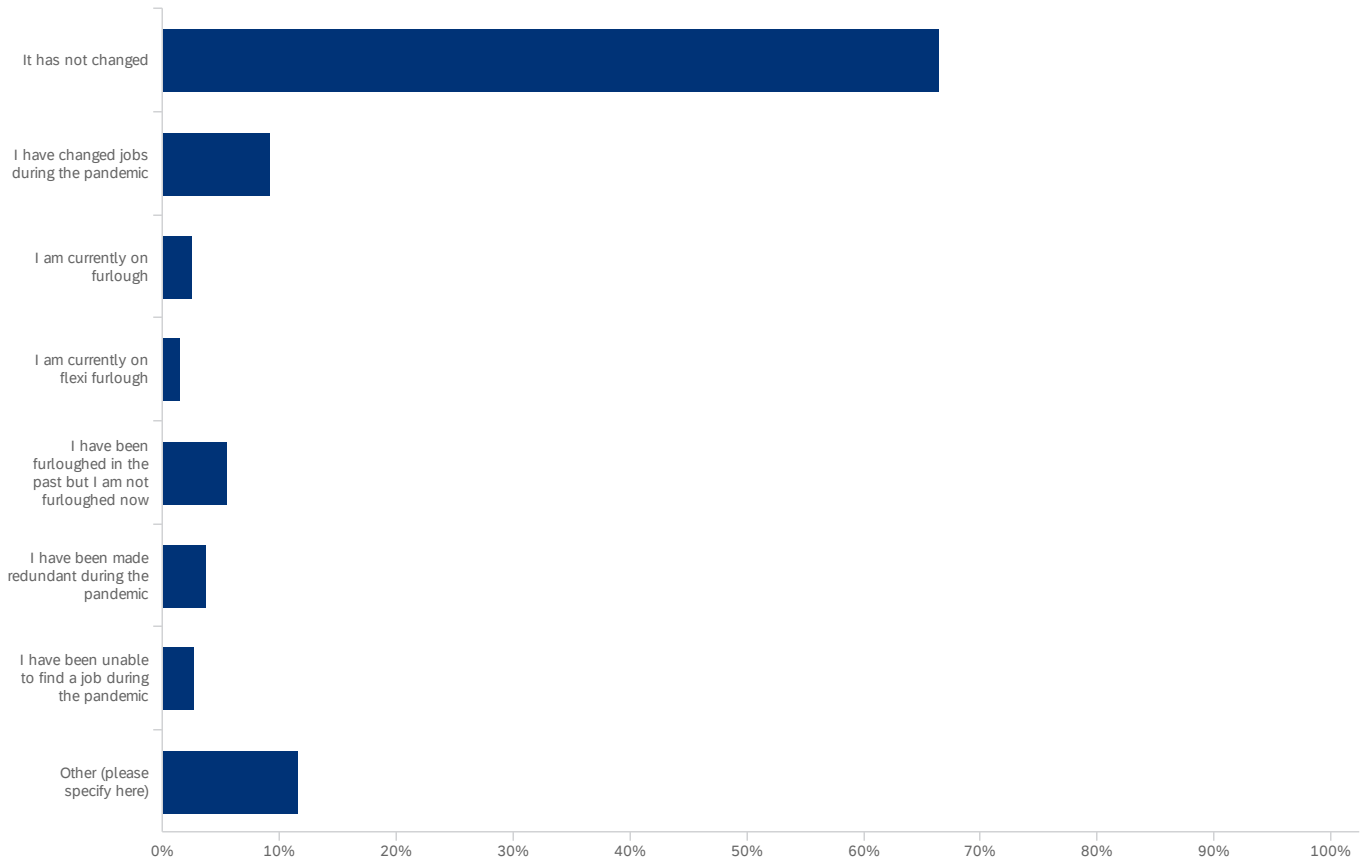


#	Field	Percentage
1	Hospitality (e.g. hotels, restaurants, pubs, cafes)	3%
2	Retail (e.g. supermarkets, clothing stores, online shops)	8%
3	Production and construction (e.g. farming, fishing, manufacturing, mining, building, engineering)	6%
4	Infrastructure (e.g. transport, travel, IT, electricity and gas, water supply, waste management)	6%
5	Health and social care (e.g. doctors, dentists, hospitals, care homes, childcare)	22%
6	Arts, entertainment and recreation (e.g. cinemas, theatres, zoos, gyms, museums, libraries)	4%

#	Field	Percentage
7	Education (e.g. schools, colleges, universities)	15%
8	Finance and professional services (e.g. banking, insurance, asset/wealth management, estate agents)	11%
9	Other (please specify)	25%
		5850

Showing rows 1 - 10 of 10

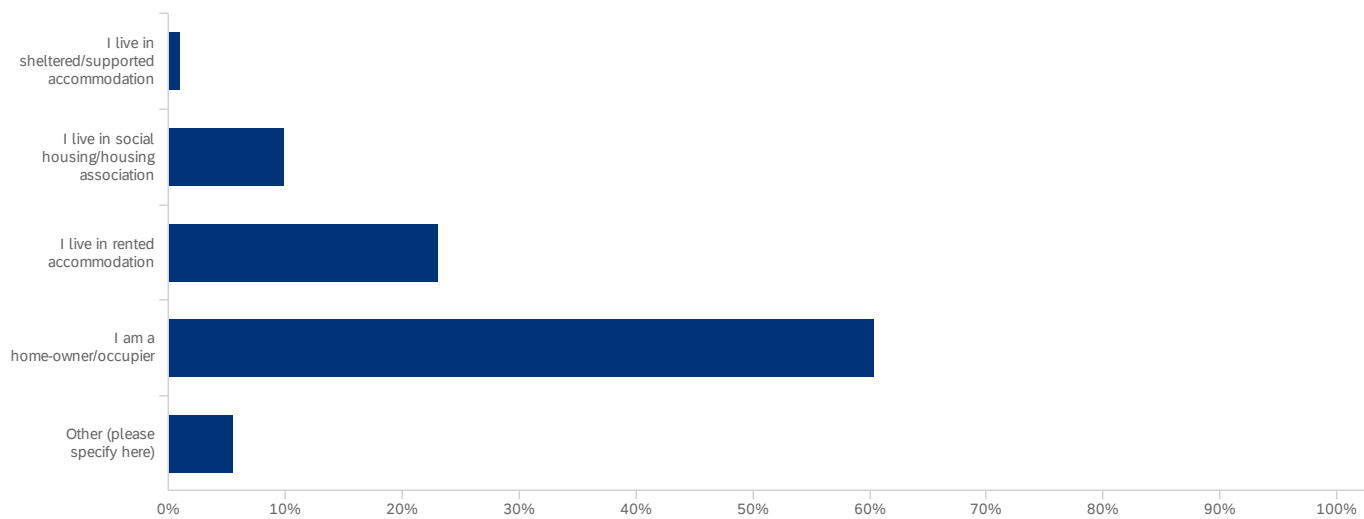
How has your employment status changed as a result of coronavirus? Please select all that apply.



#	Field	Percentage
1	It has not changed	64%
2	I have changed jobs during the pandemic	9%
3	I am currently on furlough	2%
4	I am currently on flexi furlough	1%
5	I have been furloughed in the past but I am not furloughed now	5%
6	I have been made redundant during the pandemic	4%
7	I have been unable to find a job during the pandemic	3%
8	Other (please specify here)	11%

9220

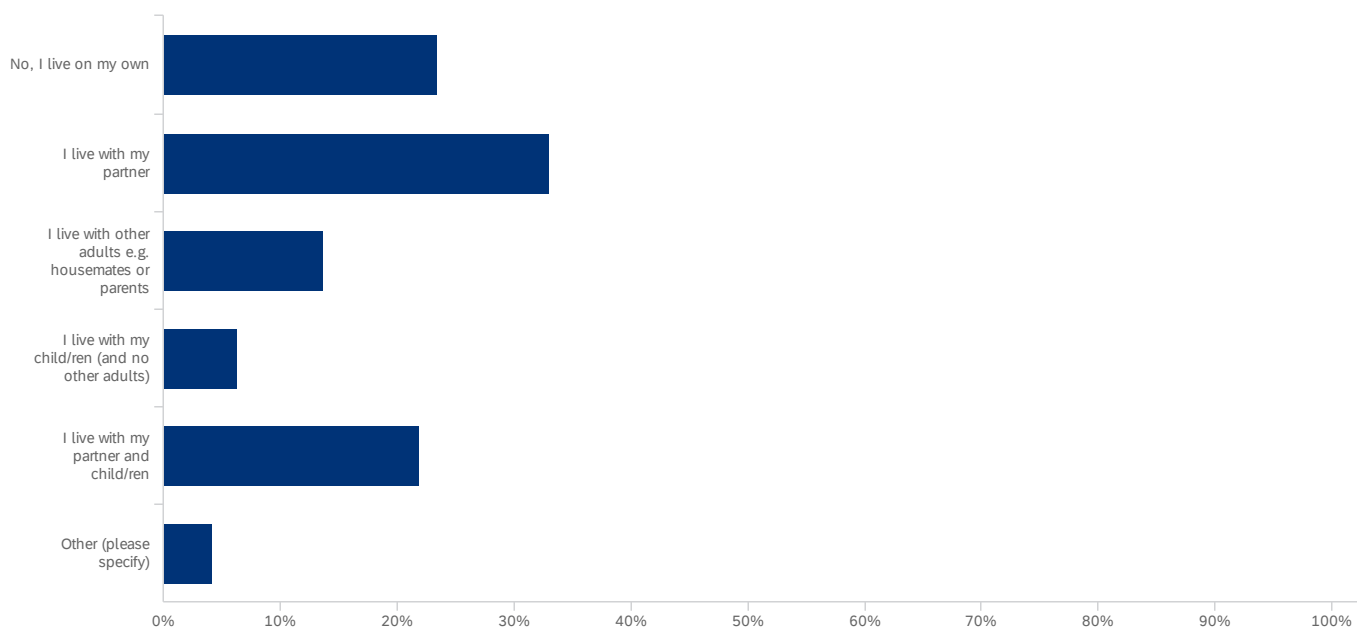
Which of the following best describes your current living situation?



#	Field	Percentage
1	I live in sheltered/supporting accommodation	1%
2	I live in social housing/housing association	10%
3	I live in rented accommodation	23%
4	I am a home-owner/occupier	60%
5	Other (please specify here)	6%
		9045

Showing rows 1 - 6 of 6

Do any other people live with you? Please select all that apply.

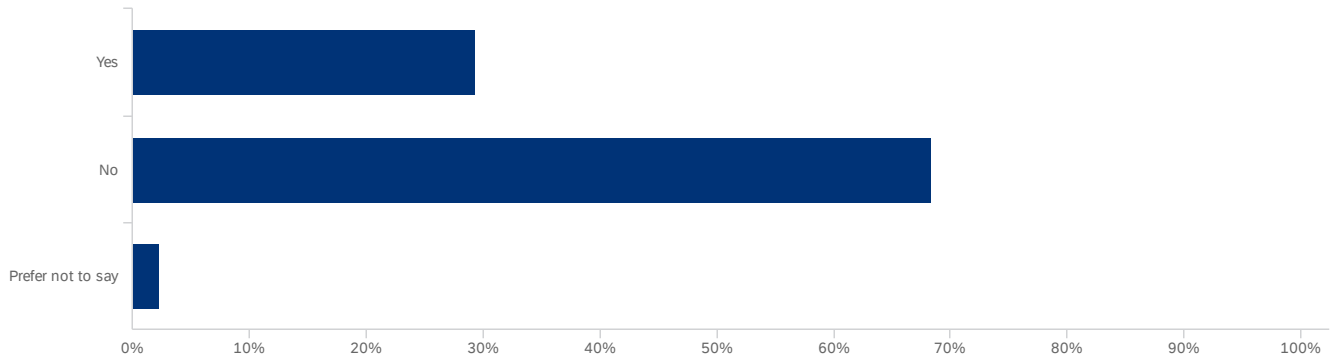


#	Field	Percentage
1	No, I live on my own	23%
2	I live with my partner	32%
3	I live with other adults e.g. housemates or parents	13%
4	I live with my child/ren (and no other adults)	6%
5	I live with my partner and child/ren	21%
6	Other (please specify)	4%

9293

Showing rows 1 - 7 of 7

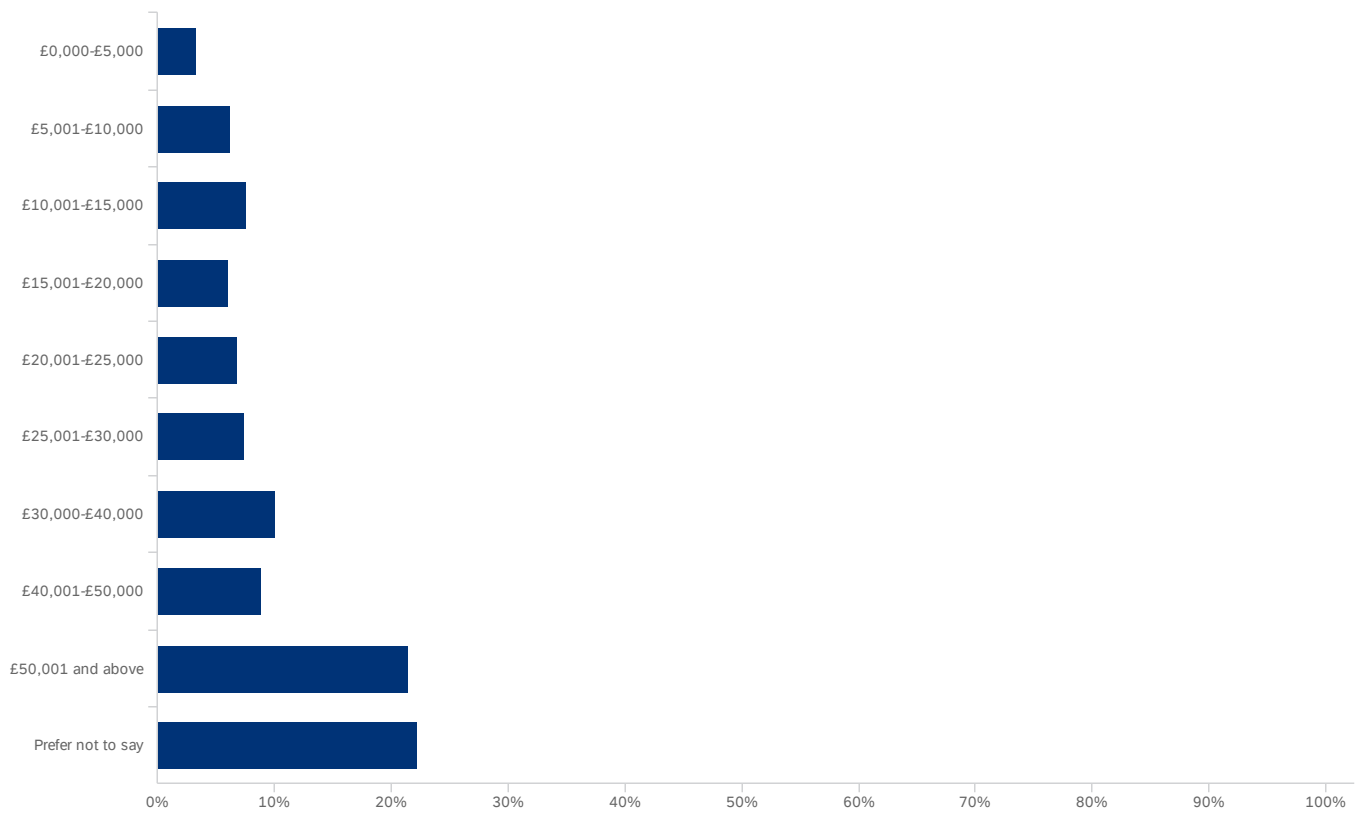
Do you or anyone in your household currently receive any benefits? Examples of benefits might include Universal Credit or Personal Independence Payment.



#	Field	Percentage
1	Yes	29%
2	No	68%
3	Prefer not to say	2%
		9067

Showing rows 1 - 4 of 4

What is your combined annual household income? This refers to the amount of money that you and the person/people you live with earn collectively every year, which could come from part-time or full-time work, as well as any benefits you or anybody over 18 you live with receive. We are asking this question to better understand the financial situations of people taking this survey and whether their financial situation has an impact on their mental health, to help us to provide more tailored support at this time.



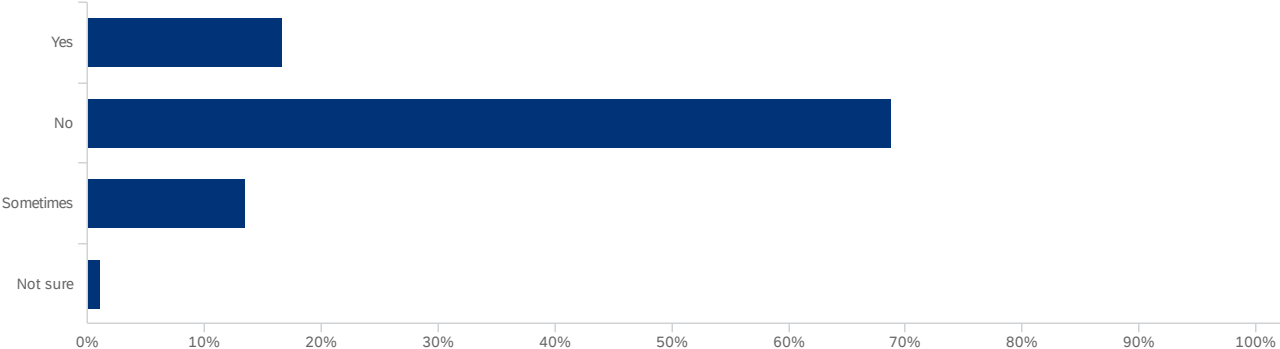
#	Field	Percentage
1	£0,000-£5,000	3%
2	£5,001-£10,000	6%
3	£10,001-£15,000	8%
4	£15,001-£20,000	6%
5	£20,001-£25,000	7%

#	Field	Percentage
6	£25,001-£30,000	7%
7	£30,000-£40,000	10%
8	£40,001-£50,000	9%
9	£50,001 and above	21%
10	Prefer not to say	22%

8964

Showing rows 1 - 11 of 11

Do you provide care for a family member or someone close to you?



#	Field	Percentage
1	Yes	17%
2	No	69%
3	Sometimes	13%
4	Not sure	1%

9011

Showing rows 1 - 5 of 5

End of Report