If you are a nearest relative and you want to give your power to someone else, you will need to use a letter like this.

To the managers of [insert name and address of hospital in which the patient is detained, or, for a supervised community treatment patient, the responsible hospital.]

**Authority to perform the functions of nearest relative**

I, [your name], of [your full address] am the [relationship] of [name of patient and address], and [his or her] nearest relative within the meaning of the Mental Health Act 1983.

I hereby delegate my powers of nearest relative to [name of new nearest relative] of [address of new nearest relative].

I confirm that [name of new nearest relative] has consented to act as the nearest relative of [patient’s name].

Signed

Date